

Movin' On Up Cha

Choreographer: Hank & Judy Scherrer 560 Main St. Herculaneum, Mo 63048 636 475 5027
Record: **Movin' On Up** STAR-193 flip "Promise Me" Judy@StLouisRounds.com
Footwork: Opposite unless noted Speed: **45 rpm** or to suit
Rhythm: **Cha** Phase: **V +1** Rope Spin **+1** Switch Brk Time: **2:56**
Sequence: **INTRO - ABC - INTER - ABC - D - C - A(1-7) - END** Date: July 2002

INTRO

- Tandem both fcg Wall M's R & W's L foot free.
1 - 4 **WAIT 2;; SINGLE CUBANS; BK BASIC W TRN to FACE:**
Both facing the wall M's R & W's L foot free 2 meas;; XRif / rec L, sd R, XLif / rec R, sd L; Bk R (fwd L trn RF ½), rec L (rec fwd R), sd R / cl L, sd R; Opn fcg Wall lead hands joined

A

- 1 - 4 **OPEN HIP TWIST to FAN;; STOP & GO HOCKEY STICK;;**
Fwd L (bk R), rec R (rec L), bk L / cl R (fwd R / cl L), bk L (fwd R swvl RF ¼); Bk R (fwd L to LOD), rec L (fwd R trn LF), sd R / cl L (bk L / cl R), sd R (bk L); Fwd L (cl R), rec R (fwd L), sd L / cl R (fwd R start LF trn under lead hand / cl L finish trn fc LOD), SIP L (bk R); Fwd R to LOD (bk L), rec L (rec R), sm sd R / cl L (fwd L start RF turn under lead hand / cl R finish trn fc RLOD), SIP R (bk L);
5 - 8 **HOCKEY STICK to FC;; NEW YORKER; SPOT TURN:**
Fwd L (cl R), rec R (fwd L), sm bk L / cl R (fwd R / cl L), SIP L (fwd R) raise lead hand; Bk R (fwd L), rec fwd L (fwd R trn LF under lead hands), sd R / cl L (sd L / cl R), sd R (sd L); Chk thru L, rec R, sd L / cl R, sd L; XRif trn LF (RF), rec L fc partner (rec R), sd R / cl L, sd R;

B

- 1 - 4 **MODIFIED CHALLENGE CHASE;;;**
Fwd L, rec R, bk L / cl R, bk L; Bk R (fwd L trn ½ RF), rec L (fwd R cont trn), fwd R / cl L (cont trn L / R), fwd R (L finish trn); Fwd L trn ½ RF (bk R), fwd R cont trn (rec L), bk L / cl R cont trn (fwd R / lk L), bk L finish trn (fwd R); Bk R (fwd L), rec L (rec R), fwd R / cl L (bk R / L), fwd R; Fcg Wall
5 - 8 **CHECKS FWD & BK;; M CUCARACHA TWICE W TRNG HIP BUMPS;;**
to Wall hnds on hips rk fwd L (bk R), rec R, bk L (sd R trng LF ¼), rec R; Rk fwd L (bk R to wall), rec R, bk L (fwd R trng LF ¼), rec R; Sd L (sd R raise Hip trn LF / rec L), rec R (sd R raise Hip trn LF / rec L), cl L / SIP R (sd R raise Hip trn LF / rec L), step L (sd R raise Hip trn LF / rec L); Sd R (sd R raise Hip trn LF / rec L), rec L (sd R raise Hip trn LF / rec L), cl R / SIP L (sd R trn LF / rec L to fc partner), step R (hold); Bfly wall

C

- 1 - 4 **BRK BK & 3 FWD CHAS;; SPOT TRN & 3 FWD CHAS;;**
Bk L trng LF (RF), rec R, fwd L / cl R, fwd L; Fwd R / cl L, fwd R, fwd L / cl R, fwd L; XRif trn LF (RF), rec L fc partner (rec R), fwd R / cl L, fwd R; Fwd L / cl R, fwd L, fwd R / cl L, fwd R,
5 - 8 **SPOT TRN to ALEMANA;; ROPE SPIN;;**
XLif trn RF (LF), rec R fc partner (rec L), fwd L / cl R, fwd L; Bk R (trn RF under Lead hand fwd L), rec L (continue trn fwd R), sd R / cl L (fwd L fc partner / cl R), sd R (fwd L spiral RF); Sd L (fwd R begin CW around M), rec R (fwd L), cl L / SIP R (fwd R / fwd L), step L (fwd R); Sd R (fwd L), rec L (fwd R), cl R / SIP L (fwd L / cl L), step R (sd L); Bfly Wall Last time lead hnds joined

INTER

- 1 - 4 **DBL CUBAN; UNDERARM TRN; DBL CUBAN; BK BASIC;**
XLif / rec R, sd L / rec R, XLif / rec R, sd L; XRif (thru L trn RF), rec L (rec R fc partner), sd R / cl L, sd R Bfly; XLif / rec R, sd L / rec R, XLif / rec R, sd L; Bk R, rec L, sd R / cl L, sd R;

D

- 1 - 4 HAND to HAND SPIRAL to AIDA;; SWITCH BRK to ALEMANA;;**
Bk L, rec R fc LOD, fwd L / lk R, fwd L fc spiral RF (LF); to LOD Fwd R start RF trn, fwd & sd L
fc RLOD, bk R / lk L, bk R; Trn sd L to fc, rec R, aprt L / rec R, sd L; Bk R (trn RF under Lead
hand fwd L), rec L (continue trn fwd R), sd R / cl L (fwd L fc partner / cl R), sd R; CP Wall
- 5 - 8 CLSD HIP TWIST to FAN;; W ROLL to SHADOW M Trans; FWD 2 & QK CUCARACHA;**
Fwd L (bk R trn RF), rec R (rec L trn LF), sd L / cl R (sd R / cl L), sd L (sd R swvl RF ¼); Bk R
(fwd L to LOD), rec L (fwd R trn LF), sd R / cl L (bk L / lk R), sd R (bk L); Fwd L (cl R), rec R
(fwd L), cl L (fwd R start RF trn / sd L finish trn fc Wall), sd R (sd R) shadow Wall; Same footwork
Fwd L DRW, fwd R, sd L / rec R, cl L; Wall
- 9 - 12 PARALLEL CHASE;; RK SD REC to OPEN M TRANS; SPOT TRN to OPEN;**
to RLOD Sd R, rec L, fwd L / cl R, fwd L; Sd L, rec R, fwd L / cl R fwd L; Sd R, rec L fc LOD, fwd R
(fwd R / cl L), fwd L (fwd R); XRif trn LF (RF), rec L fc partner (rec R), sd R / cl L, sd R; Open LOD
- 13 – 16 RK BK REC W WRAP; WK 2 W UNWRAP; RK SD REC & FWD CHA; SPOT TRN;**
Rk bk L, LOD fwd R, fwd L / cl R (wrap LF R / L) M's L & W's R arm extended to sd, fwd L; Fwd R,
fwd L, fwd R / cl L (unwrap RF L / R), fwd R; Sd L, rec R, fwd L / cl R, fwd L; XRif trn LF (RF),
rec L fc partner (rec R), sd R / cl L, sd R;

END

- 1 SPOT TRN to OPEN LOD & SIT;**
XRif, rec L, sd R trn LF fc LOD, Sit line M's L & W's R feet point LOD M's L & W's R hand on thigh
opposite hand on Hip;

QUICK CUES

INTRO – ABC – INTER - ABC – D – C - A(1-7) – END

Tandem both fcg Wall M's R & W's L foot free.

- INTRO WAIT 2;; SINGLE CUBANS; BK BASIC LADY TRN to FACE;**
- A OPEN HIP TWIST to FAN;; STOP & GO HOCKEY STICK;;
HOCKEY STICK to FC;; NEW YORKER; SPOT TURN;**
- B MODIFIED CHALLENGE CHASE;;; CHECKS FWD & BK;;
MAN CUCARACHA TWICE LADY TRNG HIP BUMPS to FC;;**
- C BRK BK to OPEN & 3 FWD CHAS;;
SPOT TRN & 3 FWD CHAS to RLOD;;
SPOT TRN to ALEMANA;; ROPE SPIN;; Bfly Wall Last time lead hands joined**
- INTER DBL CUBAN; UNDERARM TRN; DBL CUBAN; BK BASIC;**
- D HAND to HAND SPIRAL to AIDA;; SWITCH BRK to ALEMANA;; CP
CLSD HIP TWIST to FAN;;
LADY ROLL to SHADOW MAN Trans; FWD 2 & QK CUCARACHA;
PARALLEL CHASE;;
RK SD REC to OPEN MAN TRANS; SPOT TRN to OPEN;
RK BK REC LADY WRAP; WK 2 LADY UNWRAP;
RK SD REC & FWD CHA; SPOT TRN;**
- END SPOT TRN to OPEN & SIT;**