

## BOYFRIEND

Released: July 2013  
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Music: Boyfriend by Lou Bega, CD Album: Free Again, Track 1  
Available as a single download from amazon.com  
Time/Speed: Time @ MPM: 2:50 @ 51 – As downloaded Suggested speed -12% = 45 MPM [39.6 RPM=180BPM]  
Footwork: Opposite unless indicated (Woman's footwork in parentheses)  
Rhythm/Phase: Mambo Phase IV + 2 [Arm Check, Natural Top 3]  
Degree of Difficulty: AVG  
Sequence: INTRO A B C A B C D E B End

### MEAS:

### INTRODUCTION

#### 1-4 MAN FCG PARTNER & WALL ABOUT 5 FEET APART WAIT 2 MEAS ; ; MAN CUCARACHA 2X LADY HOLD ; ;

1-2 {WAIT} M fcg ptr & WALL about 5 feet apart lead feet free wait 2 measures ; ;

3 {CUCA} Sd L, rec R, cl L, -; (W Hold, -, -, -) ;

4 {CUCA} Sd R, rec L, cl R, -; (W Hold, -, -, -) ;

#### 5-8 MAN BOX LADY SLOW HIP LIFT 8 ; ; MAN WALK 4 TO CP WALL ; ;

5 {M BOX} Sd L, cl R, fwd L, - {LADY SLO HIP LIFT 2} (W With slight pressure on R foot lift R hip, lower R hip, with slight pressure on R foot lift R hip, lower R hip) ;

6 Sd R, cl L, bk R, - {LADY SLO HIP LIFT 2} (W Same as Introduction meas 5) ;

7 {M WLK 2} Fwd L, -, fwd R, - {LADY SLO HIP LIFT 2} (W Same as Introduction meas 5) ;

8 {M WLK 2} Fwd L, -, fwd R to CP WALL, - {LADY SLO HIP LIFT 2} (W Same as Introduction meas 5 except blend to CP WALL at end) ;

### PART A

#### 1-4 PROGRESSIVE BASIC ; ; CIRCLE BOX TO BFLY ; ;

1 {PROG BAS} Rock fwd L, rec R, bk L small stp, - (W Rock bk R, rec L, fwd R small stp, -) ;

2 Rock bk R, rec L, fwd R small stp, - (W Rock fwd L, rec R, bk L small stp, -) ;

3 {CIRC BOX TO BFLY} Release trail hnds keep lead hnds joined Sd L, cl R, fwd L, - (W Release trail hnds keep lead hnds joined moving away from ptr with RF circular pattern fwd R, fwd L, fwd R, -) ;

4 Sd R, cl L, bk R to BFLY WALL, - (W Cont circular pattern toward ptr fwd L, fwd R, fwd L to fc ptr BFLY COH, -) ;

#### 5-8 CUCARACHA 2X ; ; FORWARD BASIC TO WHIP ; ;

5 {CUCA} Sd L, rec R, cl L, -; (W Sd R, rec L, cl R, -) ;

6 {CUCA} Sd R, rec L, cl R, -; (W Sd L, rec R, cl L, -) ;

7 {FWD BAS} Fwd L, rec R, bk L, - (W Bk R, rec L, fwd R, -) ;

8 {WHP} Bk & sd R trng 1/4 LF, rec fwd L trng 1/4 to comp trn to fc ptr & COH, sd R, - (W Fwd L outsd M on his L sd, fwd R trng 1/2 LF to fc ptr & WALL, sd L, -) ;

#### 9-12 NEW YORKER WITH KICK ; LADY KNEE SWIVEL 3 ; NEW YORKER ; UNDERARM TURN ;

9 {NY W/ KCK} Swvl on R bring L thru with straight leg to sd by sd position, rec R swvl to fc partner, sd L, kck R thru between partners toward RLOD (W Swvl on L bring R foot thru with straight leg to sd by sd position, rec L swvl to fc ptr, sd R, kck L thru between partners toward RLOD) ;

10 {LADY KNEE SWVL 3} BFLY Sd R leading W to knee swvl 3X, -, -, - (W BFLY Cl L placing weight on both feet swvl knees to LOD, to RLOD, to LOD, -) ;

11 {NY} Swvl on R bring L thru with straight leg to sd by sd position, rec R swvl to fc ptr, sd L, - (W Swvl on L bring R foot thru with straight leg to sd by sd position, rec L swvl to fc ptr, sd R, -) ;

12 {UNDRM TRN} Raising jnd lead hnds trn body slightly RF & X R foot bhd, rec L squaring body to fc ptr & COH, sd R, - (W XLif undr jnd lead hnds commence 1/2 RF trn, rec R comp RF trn to fc ptr & WALL, sd L, -) ;

#### 13-16 CHASE WITH UNDERARM TURN TO WALL NO HANDS ; ; LADY HIP ROLL 4 MAN DOWN & UP BFLY ; ;

13 {CHS W/ UNDRM TRN TO WALL} Drop trail hnds keep lead hnds jnd thru entire figure fwd L trng 1/2 RF, rec R, fwd L, - (W Drop trail hnds keep lead hnds jnd thru entire figure bk R with no turn, rec L, fwd R, -) ;

14 Fwd & slightly sd R raising lead hnd to lead W fwd undr jnd hnds, rec L, sd R to end fcg ptr & WALL drop hnds no hnds jnd, - (W Fwd L, fwd R trn 1/2 RF, sd L to end fcg ptr & COH drop hnds no hnds jnd, -) ;

15 {LADY HIP ROLL 4 M DOWN & UP} Bend knees lowering during entire meas to inspect & admire ptr, -, -, - (W Place both hnds at bk of head touch R to L roll knees & ankles in figure 8 clockwise to R, -, counterclockwise to L, -) ; [Note: M may do knee swvls while lowering & rising]

16 Straighten knees rising during entire meas to comp inspection & admiration, -, -, join hnds to BFLY WALL (W Roll knees & ankles in figure 8 clockwise to R, -, counterclockwise to L end with R foot free, join hnds to BFLY COH) ;

### PART B

#### 1-4 SAND STEP 2X ; ; VINE 2 FLICK ; BEHIND SIDE CLOSE ;

1 {SNDSTP} Swvl slightly to R on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg],

swvlg slightly to L on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly to R on R foot XLif, - (W Swvlg slightly to L on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly to R on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly to L on L foot XRif, -) ;

2 {**SNDSTP**} Swvlg slightly to L on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly to R on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly to L on L foot XRif, - (W Swvlg slightly to R on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg], swvlg slightly to L on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly to R on R foot XLif, -) ;

3 {**VIN 2 FLICK**} Sd L, XRib, flick L, - (W Sd R, XLib, flick R, -) ;

4 {**BHD SD CL**} XLib, sd R, cl L, - (W XRib, sd L, cl R, -) ;

**5-8** **VINE 2 FLICK ; BEHIND SIDE CLOSE ; ; 1/2 BASIC TO AIDA ; ;**

5 {**VIN 2 FLICK**} Sd R, XLib, flick R, - (W Sd L, XRib, flick L, -) ;

6 {**BHD SD CL**} XRib, sd L, cl R, - (W XLib, sd R, cl L, -) ;

7 {**1/2 BAS**} Fwd L, rec R, sd L, - (W Bk R, rec L, sd R, -) ;

8 {**AIDA**} Thru R between ptrs commence RF trn, sd L cont RF trn, bk R, - (W Thru L between partners commence LF trn, sd R cont LF trn, bk L, -) ;

**9-12** **BACK BASIC TO PATTY CAKE TAP ; ; BACK BASIC TO PATTY CAKE TAP ; ;**

9 {**BK BAS**} Bk L, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;

10 {**PATTY CAKE TAP**} Lift R knee swvl LF 1/4 on L to fc ptr place trailing hnd palm to palm look toward LOD & XRif tap R toe twd LOD, -, lift R knee swvl RF 1/4 on L to LOP bk R, - (W Lift L knee swvl RF 1/4 on R to fc ptr place trailing hnd palm-to-palm look twd LOD & XLif tap L toe twd LOD, -, lift L knee swvl LF 1/4 on R to LOP bk L, -) ;

11 {**BK BAS**} Bk L, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;

12 {**PATTY CAKE TAP**} Same as Part B meas 10 ;

**13-16** **BACK BASIC TO BFLY ; THRU SERPIENTE WITH FLICK & KNEE LIFT ; ; CROSS SIDE CLOSE CP ;**

13 {**BK BAS TO BFLY**} Bk L, rec R, fwd L trng to fc ptr & WALL, blend to BFLY (W Bk R, rec L, fwd R trng to fc ptr & COH, blend to BFLY) ;

14 {**THRU SERP W/ FLICK & KNEE LIFT**} Thru R to LOD, sd L to fc ptr, XRib of L, fan L counterclockwise as you flick L up & bk (W Thru L to LOD, sd R to fc ptr, XLib of R, fan R clockwise as you flick R up & bk) ;

15 XLib of R, sd R, thru L to RLOD, lift R knee so that R ft touches inside of L knee allowing ft to swvl 1/4 LF (W XRib of L, sd L, thru R to RLOD, lift L knee so that L ft touches inside of R knee allowing ft to swvl 1/4 RF) ;

16 {**X SD CL**} XRif, sd L, cl R to CP WALL, - (W XLif, sd R, cl L to CP, -) ; \*\* [NOTE: 3<sup>rd</sup> time thru ends in BFLY] \*\*

### PART C

**1-4** **PROGRESSIVE BASIC ; ; ARM CHECK ; ;**

1-2 {**PROG BAS**} Same as Part A meas 1-2 ; ;

3 {**ARM CK**} Rock apt L, rec R, sd & fwd L twd W's R sd release jnd lead hnds & take W's R forearm in M's R hnd, - (W Rock apt R, rec L, fwd R twd M's R sd, -) ;

4 Fwd R trn 1/2 LF lead W to spn RF & drop hnds, fwd L, cl R to CP COH, - (W Spn RF 1 1/2 L, R, L to CP WALL, -) ;

**5-8** **CROSS BODY TO WALL NO HANDS ; ; BACK PRESS & HOLD LADY HIP LIFT ; TOGETHER HOLD ;**

5 {**X BODY**} Fwd L join hnds to CP COH, rec R, sd L trng LF [foot trn about 1/4 trn body trn 1/8 trn], - (W Bk R join hnds to CP WALL, rec L, fwd R twd M staying on R sd end in an L-shaped position, -) ;

6 Bk R cont LF trn, small fwd L, sd R, drop hnds no hnds joined (W Fwd L, fwd R trng 1/2 LF, sd L, drop hnds) ;

7 {**BK PRESS & HOLD LADY HIP LIFT**} Bk L hnds on hips, press R toe to floor for a Press Line, hold, - (W Bk R hnds on hips, press L toe to floor for a Press Line, with slight pressure on L foot lift L hip, lower L hip) ;

8 {**TOG HOLD**} Fwd R to CP WALL, tch L to R & hold, -, - (W Fwd L to CP COH, tch R to L & hold, -, -) ;

### REPEAT PART A

### REPEAT PART B

### REPEAT PART C

### PART D

**1-4** **1/2 BASIC TO NATURAL TOP 3 TO WALL ; ; BEHIND SD THRU ; REVERSE TWIRL 3 ;**

1 {**1/2 BAS**} Fwd L, rec R, sd L with RF trn to fc RLOD, - (W Bk R, rec L, sd R with RF trn to fc LOD, -) ;

2 {**NAT TOP 3**} XRib of L commence RF trn, sd L cont trn, XRib of L cont trn to fc WALL, - (W Sd L commence RF trn, XRif of L cont trn, sd L cont trn to fc COH, -) ;

3 {**BHD SD THRU**} XLib, sd R, thru L between ptrs to CP WALL, - (W XRib, sd L, thru R between ptrs to CP COH, -) ;

{**REV TWRL 3**} Sd & fwd R raising lead hnd leading W to twrl, fwd L, cl R, - (W Sd & fwd L trng 1/4 LF undr jnd hnds, fwd R trng 3/4 LF to fc ptr, sd L, -) ;

**5-8** **NEW YORKER TO AIDA ; ; SWITCH CROSS TO BFLY ; CUCARACHA ;**

- 5 {**NY**} Bring L foot thru w/ straight leg to a sd by sd position, rec R swvl to fc ptr, sd L, - (W Bring R foot thru w/ straight leg to a sd by sd position, rec L swvl to fc ptr, sd R, -) ;
- 6 {**AIDA**} Thru R between partners trng RF, sd L cont RF trn, bk R, - (W Thru L trng LF, sd R cont LF trn, bk L, -) ;
- 7 {**SWCH X TO BFLY**} Trng LF to fc ptr sd L ckg bringing jnd lead hnds thru join trail hnds to BFLY, rec R, XLif, - (W Trng RF to fc ptr sd R ckg bringing jnd lead hnds thru join trail hnds to BFLY, rec L, XRif, -) ;
- 8 {**CUCA**} Sd R, rec L, cl R, -; (W Sd L, rec R, cl L, -) ;
- 9-12 CHASE WITH ALTERNATING UNDERARM TURNS ;;; TO BFLY:**
- 9 {**CHS W/ ALTERNATING UNDRM TRNS**} Release trail hnds fwd L trng 1/2 RF under lead hnds, fwd R trng 1/2 RF to fc ptr, cl L, - (W Release trail hnds bk R with no trn, rec L, cl R, -) ;
- 10 Bk R with no trn, rec L, cl R, - (W Fwd L trng 1/2 RF under lead hnds, fwd R trng 1/2 RF to fc ptr, cl L, -) ;
- 11 Fwd L trng 1/2 RF under lead hnds, fwd R trng 1/2 RF to fc ptr, cl L, - (W Bk R with no trn, rec L, cl R, -) ;
- 12 Bk R no trn, rec L, cl R, to BFLY (W Fwd L trng 1/2 RF under lead hnds, fwd R trng 1/2 RF to fc ptr, cl L, to BFLY)
- 13-16 DIAMOND TURN WITH HOPS 3/4 ;;; BOX FINISH TO BFLY ;;**
- 13 {**DIAM TRN W/HOPS 3/4**} BFLY Fwd L trng LF, cont LF trn sd R to fc LOD, bk L to BJO, hop on L (W BFLY Bk R trng LF, cont LF trn sd L to fc RLOD, fwd R outsd ptr, hop on R) ;
- 14 Staying in BJO Bk R trng LF, sd L to fc COH, fwd R outsd ptr in BJO, hop on R (W Fwd L trng LF, sd R to fc WALL, bk L to BJO, hop on L) ;
- 15 Fwd L trng LF, sd R to fc RLOD, bk L with W outsd M in BJO, hop on L (W Bk R trng LF, sd L to fc LOD, fwd R outsd ptr, hop on R) ;
- 16 {**BOX FIN TO BFLY**} Bk R cont LF trn, sd L to fc WALL, cl R, staying in BFLY (W Fwd L trng LF, sd R to fc COH, cl L, staying in BFLY) ;

**PART E****1-4 SLOW MERENGUE BASIC ;; SYNCHOPATED TRAVELING DOOR 6 WITH KICK ;;**

- 1 {**SLO MR BAS**} Sd L, -, cl R, - (W Sd R, -, cl L, -) ;
- 2 Sd L, -, cl R, - (W Sd R, -, cl L, -) ;
- 3 {**SYNC TRAV DR 6 W/ KCK**} Rock sd L, rec R, XLif, - (W Rock sd R, rec L, XRif, -) ; **\*\*Timing: QQS**
- 4 Sd R, XLif, sd R, kick L acrs (W Sd L, XRif, sd L, kick R acrs) ; **\*\*Timing: QQQQ {Kick on last Q}**

**5-8 SLOW MERENGUE BASIC ;; SCALLOP ;;**

- 5-6 {**SLO MR BAS**} Sd L, -, cl R, - (W Sd R, -, cl L, -) ; Sd L, -, cl R, - (W Sd R, -, cl L, -) ;
- 7 {**SCALLOP**} BFLY Rock bk L trn lower half of body LF, rec R to fc ptr, sd L, - (W BFLY Rock bk R trn lower half of body RF, rec L to fc ptr, sd R, -) ;
- 8 Thru R trng RF to fc ptr, sd L, cl R BFLY WALL, - (W Thru L trng to fc ptr, sd R, cl L BFLY COH, -) ;

**9-12 SLOW MERENGUE BASIC ;; SYNCHOPATED TRAVELING DOOR 6 WITH KICK ;;**

9-12 Same as Part E meas 1-4 ;;; ;

**13-16 SLOW MERENGUE BASIC ;; OPEN BREAK TO BFLY ; CLOSE & HOLD ;;**

- 13-14 {**SLO MR BAS**} Sd L, -, cl R, - (W Sd R, -, cl L, -) ; Sd L, -, cl R, - (W Sd R, -, cl L, -) ;
- 15 {**OP BRK TO BFLY**} Rock apt strongly L to LOP FCG while extending trail arm up with palm out, rec R lowering trail arm, sd L, blend to BFLY (W Rock apt strongly R to LOP FCG while extending trail arm up with palm out, rec L lowering trail arm, sd R, blend to BFLY) ;
- 16 {**CL & HOLD**} Cl R & hold BFLY WALL, -, -, - (W Cl L & hold BFLY COH, -, -, -) ;

**REPEAT PART B [NOTE: Meas 16 of Part B ends in BFLY]****END****1-5 PROGRESSIVE BASIC ;; FORWARD BASIC LADY WRAP ; WHEEL 6 TO WALL ;;**

- 1 {**PROG BAS**} In BFLY Rk fwd L, rec R, bk L small stp, - (W BFLY Rk bk R, rec L, fwd R small stp, -) ;
- 2 Rk bk R, rec L, fwd R small stp, - (W Rk fwd L, rec R, bk L small stp, -) ;
- 3 {**FWD BAS LADY WRP**} Keeping both hnds jnd fwd L, rec R, bk L keeping hnds joined bring trail hnds down to waist level between partners while bringing lead hnds up & between partners to trn W LF bringing lead hnds down to chest level, - (W Bk R, rec L, fwd R trng 1/2 LF under joined lead hnds to wrapped pos WALL, -) ;
- 4 {**WHL 6**} Commence RF trn fwd R, cont trn fwd L, cl R, - (W Commence RF trn bk L, cont trn bk R, cl L, -) ;
- 5 Cont RF trn fwd L, cont trn fwd R, cl L, - (W Cont RF trn bk R, cont trn bk L, cl R, -) end WRAPPED POS WALL ;
- 6-8 UNWRAP ; CUCARACHA ; BACK PRESS HOLD MAN CROSS ARMS ;**
- 6 {**UNWRAP**} Keeping both hnds jnd bk R raising L hnd & leading W to trn RF undr M's L hnd, rec L, cl R to BFLY WALL, - (W Fwd L trng 1/2 RF undr lead hnds to fc ptr & COH, cl R, cl L to BFLY, -) ;
- 7 {**CUCA**} Sd L, rec R, cl L, - (W Sd R, rec L, cl R, -) ;
- 8 {**BK PRESS HOLD M X ARMS**} Bk R, press L toe to floor, -, X arms in front of chest (W Bk L, press R toe to floor, place L hnd on L hip, raise R hnd to hair) ;