

Dinosaur Cha

Dinosaur Cha – Phase III+1 CHA (Triple Cha)

Seq=Intro AB ABC End

Footwork: Opposite for Woman except as noted

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Music: Queen Latifah, "Walk the Dinosaur", Track #01, Ice Age Soundtrack, available on Amazon, iTunes, slow for comfort

Intro: BFLY Wall, Lead foot free for both, M facing Wall

1 – 8 WAIT;; BASIC;; SHLDR-SHLDR 2X;; NEW YORKER; SPOT TURN;

(1-2) Wait in BFLY, Man facing Wall, both with lead foot free;;

(3-4) Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

(5-6) Fwd L (bk R) to SCAR, rec R to FC, sd L/Cl R, sd L; Fwd R (bk L) to BJO, rec L to FC, sd R/cl L, sd R;

(7) thru L, rec R to BFLY, sd L/cl R, sd L;

(8) xRif (xLif) twd lod trn lf (trn rf), rec L to BFLY Wall, sd R/cl L, sd R;

PART A:

1 – 6 BASIC;; HAND-HAND 2X;; FWD BASIC; WHIP;

(1-2) Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

(3-4) Brk bk L to OP, rec R to fc, sd L/cl R, sd L; rk bk R to LOP, rec L to fc, sd R/cl L, sd R;

(5) Fwd L, rec R, bk L/cl R, bk R;

(6) Bk R comm ¼ LF trn (*fwd L outside M*), cont trn ¼ LF fwd L (*fwd R comm LF trn ½*), sd R/cl L, sd R fc COH;

7 -12 FENCE LINE 2X;; OPEN BREAK; WHIP; TRAVELING DOOR 2X to OP LOD;

(7-8) Cross lunge thru L, rec R to fc, sd L/cl R, sd L; Cross lunge thru R, rec L to fc, sd R/cl L, sd R;

(9) Rock back L keeping LOP position extending free arm up palm out, rec R lowering free arm, stp L/stp R, stp L;

(10) Bk R comm ¼ LF trn (*fwd L outside M*), cont trn ¼ LF fwd L (*fwd R comm LF trn ½*), sd R/cl L, sd R fc Wall;

(11-12) Rk sd L, rec R, XLIF(XRIF)/sd R, XLIF; Rk sd R, rec L, XRIF(XLIF)/sd L, XRIF to OP LOD;

PART B:

1 – 4 ROCK FWD, REC, BACK TRIPLE CHA;; ROCK BACK, REC, FWD TRIPLE CHA;;

(5) thru L, rec R to BFLY, sd L/cl R, sd L;

(6) Bk R, rec L, sd R/cl L, sd R (*comm RF trn ½ undr jnd ld hnd XLIF, rec R fin trn, sd L/cl R, sd L*);

(7-8) Sd L, rec R, cl L/step R, step L (*circ M CW ld hnd jnd fwd R, fwd L, fwd R/cl L, fwd R*); bk R, rec L, cl R/step L, cl R (*cont circ fwd L, fwd R, fwd L/cl R to fc M, sd L*);

5 – 12 SLIDING DOOR 2X;; CIRCLE AWAY & TOG;; CHASE BFLY WALL;;;

(5-6) Rk apt L, rec R, XLIF/sd R, XLIF; rk apt R, rec L, XRIF/sd L, XRIF;

(7-8) Circle away LF (RF) L, R, L/cl R, L; tog R, L, R/cl L, R;

(9) Fwd L comm RF trn ½ (*bk R*), rec fwd R (*fwd L*), fwd L (*fwd R*)/cl R, fwd L (*fwd R*);

(10) Fwd R comm LF trn ½ (*RF trn ½*), fwd L (*fwd R*), fwd R (*fwd L*)/cl L, fwd R (*fwd L*);

(11) Fwd L (*fwd R comm RF trn ½*), rec R, bk L/cl R, bk L;

(12) Bk R, rec L, fwd R/cl L, fwd R;

Repeat Part A

Repeat Part B

Dinosaur Cha

PART C:

1 – 4 HALF BASIC; UNDERARM TURN; LARIAT;;

(1-2) Rk fwd L, rec R, sd L/cl r, sd L; bk R raising lead hands, rec L, stp R/stp L, stp R (xLif trng RF, fwd R cont turn, fwd L/cl R, fwd L);

(3-4) Rk sd L, rec R, stp L/stp R, stp L; Rk sd R, rec L, stp R/stp L, stp R

(fwd R circling CW around partner, fwd L, fwd R/cl L, fwd R; fwd L, fwd R, fwd L/cl R, fwd L to fc ptrn) in BFLY Wall;

5 – 8 REV U/ARM TURN; CRAB WALK 2X;; FENCE LINE;

(5) XLIF, rec R, sd L/cl R, sd L, (W XRIF trng under lead hands, rec fwd L trng fc ptrn, sd R/cl L, sd R,);

(6-7) XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;

(8) Cross lunge thru R, rec L to fc, sd R/cl L, sd R;

9 – 12 OPEN BREAK; R CUCARACHA; TRAVELING DOOR 2X TO OP LOD;;

(9-10) Rock back L keep grip with trailing hand, rec, R, stp L/stp R, stp L; Rk R, rec L, stp R/stp L, stp R;

(11-12) Rk sd L, rec R, XLIF(XRIF)/sd R, XLIF; Rk sd R, rec L, XRIF(XLIF)/sd L, XRIF to OP LOD;

END:

1 – 4 ROCK FWD, REC, BACK TRIPLE CHA;; ROCK BACK, REC, FWD TRIPLE CHA;;

5 – 8 SLIDING DOOR 2X;; CIRCLE AWAY & TOG TO OP LOD;;

(1-8) Same as Part B, Meas. 1 – 8 except ending in OP LOD position

9 – 12 ROCK FWD, REC, BACK TRIPLE CHA;; ROCK BACK, REC, FWD TRIPLE CHA;;

13–17 SLIDING DOOR 2X;; CIRCLE AWAY & TOG TO BFLY;; OPEN BREAK & HOLD;

(9-16) Same as Part B, Meas. 1 – 8 ending in BFLY Wall position

(17) Rock back L (back R) lead hands joined & trailing arms up, palms out at the end of dance with the music.

Dinosaur Cha

HEAD CUES – Dinosaur Cha Phase III+1

Bob Pyles Version 1.0 – Mar 2010

Intro:

1-8 WAIT;; BASIC;; Shldr-Shldr 2X;; NY; Spot Turn;

A:

1 – 4 BASIC;; HAND-HAND 2X;;

5 – 8 FWD Basic; WHIP; FNC LN 2X;;

9 -12 OP BREAK; WHIP; Traveling Door; 2X to OP LOD;

B:

1 – 4 Rk Fwd, Rec, Back Triple Cha;; Rk Back, Rec Fwd Triple Cha;;

5 – 8 Sliding Door 2X;; Circle Away &Tog;;

9 -12 CHASE;;;

Repeat A

Repeat B

C:

1 – 4 Half Basic; U/Arm Turn; Lariat;;

5 – 8 Rev U/Arm Turn; Crab Walk 2X;; FNC LN;

9 -12 OP BREAK; R Cucaracha; Traveling 2X to OP LOD;;

End:

1 – 4 Rk Fwd, Rec, Back Triple Cha;; Rk Back, Rec Fwd Triple Cha;;

5 – 8 Sliding Door 2X;; Circle Away &Tog to OP LOD;;

9 –12 Rk Fwd, Rec, Back Triple Cha;; Rk Back, Rec Fwd Triple Cha;;

13–17 Sliding Door 2X;; Circle Away &Tog;; OP BREAK & HOLD;