

# FEELIN' GROOVY

**CHOREO:** Jacqui Landau and Nelson Sansing, 4572 Southridge Pines Dr., St. Louis, MO 63128  
(314) 416-9612 (Cue sheet written by Gerry & Bob Tevlin)

**MUSIC:** 59<sup>th</sup> St. Bridge Song (Feelin' Groovy) **Artist:** Harper's Bizarre **Time:** 2:34

**FOOTWORK:** Opposite unless otherwise noted (Women's footwork in parentheses) **Speed:** 47

**RHYTHM:** Two Step **RAL PHASE:** II +1 (Strolling Vine)

**SEQUENCE:** A – A – B – C – INTERLUDE – A – C – END

**DATE RELEASED:** September, 2006

## INTRODUCTION

### 1-7 WAIT; WAIT; SIDE TWO STEP L & R ;; CIRCLE AWAY & TOGETHER 4 ;; TWIRL 2 ;

Two meas wait in BFLY ; ; M left foot – W right foot free

**[Sd 2 Stp L & R]** Sd L, cl R, sd L,-; sd R, cl L, sd R,-;

**[Circ Awy & Tog in 4]** Trn awy from partner LF in 2 slows fwd L,-, fwd R,-; start trng twd partner in 2 slows fwd L,-, fwd R,-; to BFLY (Trn awy from partner RF in 2 slows fwd R,-, fwd L,-; start trng twd partner in 2 slows fwd R,-, fwd L,-; to BFLY)

**[Twrl 2 Op]** fwd L,-, fwd R,-; to OP LOD (Sd & fwd R trng 1/2 RF under joined hands,-, sd & bk L trng 1/2 RF,-; to OP LOD)

## PART A

### 1-14 2 FORWARD 2 STEPS ;; FC to FC & BK to BK ;; BASKETBALL TURN ;; 2 TURNING 2 STEPS ;; BOX ;; SIDE TOUCH TWICE ; SIDE CLOSE TWICE ; TWIRL 2 ; WALK 2 ;

**[2 Fwd 2 Stps]** OP LOD fwd L, fwd cl R, fwd L,-; fwd R, fwd cl L, fwd R,-;

**[Fc to Fc & Bk to Bk]** Sd L, cl R, sd L trng 1/2 LF to a bk to bk position,-; sd R, cl L, sd R trng 1/2 RF to fc partner,-; (Sd R, cl L, sd R trng 1/2 RF to a bk to bk position,-; sd L, cl R, sd L trng 1/2 LF to fc partner,-;)

**[Basketball Trn]** Begin OP LOD with weight on man's R stp fwd L and check trng 1/4 RF,-, rec on R con't RF trn to end fcg RLOD,-; con't by stepping fwd L and check trng 1/4 RF,-, rec on R con't RF trn to end fcg CP & WALL,-; (Beg in OP LOD with weight on woman's L stp fwd R and check trng 1/4 LF,-, rec on L con't LF trn to end fcg RLOD,-; con't by stepping fwd R and check trng 1/4 LF,-, rec on L con't LF trn to end fcg CP & WALL,-;)

**[2 Trng 2 Stps]** Sd L, cl R commence RF trn, sd and bk L across line of progression complete 1/2 RF trn,-; sd R, cl L commence RF trn, fwd R complete 1/2 RF trn to fc WALL,-;

**[Bx]** Sd L, cl R, fwd L,-; sd R, cl L, bk R,-;

**[2 Sd Tchs]** Stp sd L, tch R to L,-; stp sd R, tch L to R,-;

**[2 Sd Cl]** Stp sd L, cl R, sd L, cl R;

**[Twrl 2]** fwd L,-, fwd R,-; to OP LOD (Sd & fwd R trng 1/2 RF under joined hands,-, sd & bk L trng 1/2 RF,-; to OP LOD)

**[Wk 2]** fwd L,-, fwd R,-; [2<sup>nd</sup> & 3<sup>rd</sup> time thru A blend to CP]

## PART B

### 1-14 BROKEN BOX ;;;; HITCH ; HITCH SCISSORS ; SCOOT 4 ; WALK & FACE ; TRAVELING BOX ;;;; VINE APART & TOGETHER ;;

**[Broken Bx]** Sd L, cl R, fwd L,-; rk fwd R,-, rec L,-; sd R, cl L, bk R,-; rk bk L,-, rec R,-;

**[Hitch]** Fwd L, cl R, bk L,-;

**[Hitch Sciss]** Fwd L, cl R, bk L,-; to SCP (Sd L trng 1/4 RF, cl R, stp thru L to SCP,-;)

**[Scoot 4]** Fwd L, cl R, fwd L, cl R;

**[Wk & Fc]** Fwd L,-, fwd R 1/4 trn to fc partner,-; to CP

**[Traveling Bx]** Sd L, cl R, fwd L,-; trng to RSCP wk fwd R,-, fwd L,-; blending to CP sd R, cl L, bk R,-; blend to SCP wk fwd L,-, fwd R,-; blending to OP

**[Vine Apt & Tog]** Fcg LOD stp apt sd L, XRIB, sd L,-; stp tog sd R, XLIB, sd R,-; to CP

### PART C

#### **1-14 STROLLING VINE ;;;; TWIRL 2 ; WALK 2 ; FORWARD LOCK FORWARD TWICE ;:**

**[Strolling Vine]** In CP commence slight RF upper body trn sd L,-, with slight LF upper body trn XRIB of L,-; con't trn sd L, con't trn cl R, con't trn sd L,-; commence slight LF upper body trn sd R,-, with slight RF upper body turn XLIB of R,-; con't trn sd R, con't trn cl L, con't trn sd R,-; (In CP commence slight RF upper body trn sd R,-, with slight LF upper body trn XLIF of R,-; con't trn sd R, con't trn cl L, con't trn sd R,-; commence slight LF upper body trn sd L,-, with slight RF upper body trn XRIF of L,-; con't trn sd L, con't trn cl R, con't trn sd L,-;) to SCP

**[Twrl 2]** Repeat meas 13 PART A,-, -; to OP

**[Wk 2]** Repeat meas 14 PART A,-, -; in OP

**[Fwd Lk Fwd 2X]** Stp fwd L, XRIB of L taking weight, stp fwd L,-; stp fwd R, XLIB of R taking weight, stp fwd R,-;

### INTERLUDE

#### **1-5 LACE UP ;;;; HITCH 4 ;**

**[LACE UP]** With man's L and woman's R hnds joined and passing behind woman moving diag across LOD ending in LOP fcg LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-; chg to man's R and woman's L hnds joined and passing behind woman diag across LOD ending in OP fcg LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-; (Passing in front of man under man's R & woman's L hnds joined and moving diag across LOD fwd R, cl L, fwd R,-; fwd L, cl R, fwd L,-; passing in front of man under man's R & woman's L hnds joined and moving diag across LOD fwd R, cl L, fwd R,-; fwd L, cl R, fwd L,-; to OP LOD)

**[Hitch 4]** In OP fwd L, cl R, bk L, cl R; ( In OP fwd R, cl L, bk R, cl L;)

### ENDING

#### APART POINT ;

**[Apt Pt]** Stp apt L,-, pt R,-;

### HEAD CUES

#### INTRO

**WAIT 2 MEAS ;; SD 2 STP L & R ;; CIRC AWY & TOG IN 4 ;; TWRL 2 TO OP LOD ;**

#### PART A

**2 FWD 2 STPS ;; FC to FC & BK to BK ;; SLO BASKETBALL TRN to CP ;; 2 TRNG 2 STPS to WALL ;; BX ;; 2 SD TCHS ; 2 SD CLS ; SLO TWRL 2 ; SLO WK 2 to OP LOD ;**

#### PART A

**2 FWD 2 STPS ;; FC to FC & BK to BK ;; SLO BASKETBALL TRN to CP ;; 2 TRNG 2 STPS to WALL ;; BX ;; 2 SD TCHS ; 2 SD CLS ; SLO TWRL 2 ; SLO WK 2 to CP WALL ;**

#### PART B

**BROKEN BX ;;;; HITCH FWD ; HITCH SCIS to SCP ; SCOOT 4 ; WK & FC to CP ; TRAVELING BX to OP LOD ;;;; VINE APT & TOG to CP ;;**

**PART C**

**STROLLING VINE ;;;; SLO TWRL 2 ; SLO WK 2 ; FWD LK FWD 2X ;;**

**INTERLUDE**

**LACE UP to OP LOD ;;;; HITCH 4 ;**

**PART A**

**2 FWD 2 STPS ;; FC to FC & BK to BK ;; SLO BASKETBALL TRN to CP ;; 2 TRNG 2 STPS to WALL ;; BX ;; 2 SD TCHS ; 2 SD CLS ; SLO TWRL 2 ; SLO WK 2 to CP WALL;**

**PART C**

**STROLLING VINE ;;;; SLO TWRL 2 ; SLO WK 2 ; FWD LK FWD 2X ;;**

**ENDING**

**APT PT ;**