

FOOLISH HEART 2002



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Record: Palomino Star 132 Flip: It's Cha Cha Cha (Childers)
Phase: IV Waltz Time 2:12 @ 45 RPM
Footwork: Open site unless W's footwork and/or position is shown in parentheses
Sequence: Intro, A, B, A, B 1-15, End Released: June 7, 2002

INTRODUCTION

- 1 - 4 **OP FCG DLW LEAD HANDS JOINED LEAD FEET FREE WAIT 2 MEAS;; TOGETHER and TOUCH; BOX FINISH;**
 1 [WAIT] Open position man facing DLW lead hands M's L W's R foot free wait;
 2 [WAIT] Same as measure one wait;
 3 123 [TOGETHER and TOUCH] Fwd L, tch R to left to CP stretch upward slightly to the right with the top of your body in good dance position, Hold;
 4 123 [BOX FINISH] Bk R commence left trn, sd L finish left trn to fc DLC, cl R;

A

- 1 - 6 **2 LEFT TURNS;; HOVER; WEAVE to BJO ;; MANEUVER;**
 1 123 [2 LEFT TRNS] Fwd L commence left trn, sd R finish left trn to fc RLOD, cl L;
 2 123 [FINISH LEFT TRN] Bk R commence left trn, bk and sd L finish left trn, cl R fc DW;
 3 123 [HOVER] Fwd L DW, sd and fwd R toe between ptns feet trng 1/8 left DC, sd and fwd L SCP;
 4 123 [WEAVE] Thru R, fwd L commence left trn (W fold in front of man), sd and bk R fc DRC;
 5 123 [FINISH WEAVE] Bk L contra BJO, bk R cont left trn in CP, sd and fwd L to contra BJO;
 6 123 [MANEUVER] Fwd R, fwd L commence left trn, cont trn cl R fc RLOD;
 7 - 11 **SPIN TURN; BOX FINISH DLC; DRAG HESITATION; BK BK LK BK; OPEN IMPETUS;**
 8 123 [SPIN TRN] Bk L pivot left to fc LOD, cont right trn fwd R LOD between ptn feet heel to toe, cont right trn sd and bk L CP DW;
 9 123 [BOX FINISH] SAME AS MEASURE FOUR INTRODUCTION end DLC
 10 123 [DRAG HESITATION] Fwd L trng left, sd R blend to contra BJO, draw L to R fc DRC;
 11 12&3 [BK BK LK BK] Bk L, bk R/lk LIF of R (W lk RIB of L), bk R Contra BJO fcg DRC;
 12 123 [OP IMPETUS] Bk L comm left trn, cl R to L heel trn rising to toes cont right trn, trng SCP sd and fwd L DC;

- 12 - 16 **CHAIR RECOVER SLIP; OPEN TELEMAR; IN AND OUT RUNS;; SLOW SIDE LOCK;**
 12 123 [CHAIR REC SLIP] Ck thru R with strong left side (W may close head), rec bk L trng ptr to CP rising at end of step, slip R bk small step end CP DC (W swvl left on R and step fwd L into CP);
 13 123 [OP TELEMAR] Fwd L comm left trn rising strongly (W bk R toe to heel rising in body only), sd R cont left trn (W heel trn), trn to SCP DW fwd L;
 14 123 [IN AND OUT RUNS] Fwd R commence right trn, fwd and sd L cont right trn fc RLOD, bk R contra BJO; (W fwd L, fwd R between M's feet, fwd L to contra BJO);
 15 123 [FINISH IN AND OUT RUNS] Bk L commence right trn, sd and fwd R cont right trn fc DC, sd and fwd SCP DC; (W Few R outside ptr, fwd and sd cont right trn, fwd R SCP DC);
 16 123 [SLOW SD LOCK] Thru R, sd and fwd L DC commence left trn rising straight up over L and sway to R cont left trn rotation lk RIB to end CP DC;

B

- 1 - 4 **OPEN REVERSE; BK and CHASSE to SCP; OPEN NATURAL; BK HOVER TELEMAR SCP;**
 1 123 [OPEN REVERSE] Fwd L DC commence left trn; sd and bk R preparing to lead ptr to step outside in contra BJO, bk L in contra BJO fcg DRC;
 2 12&3 [BK and CHASSE to BJO] Bk R twd LOD comM left trn, sd L twd LOD/cl R, sd and fwd L SCP DW
 3 123 [OPEN NATURAL] Thru R DW comm right trn, sd L cont right trn, (W fwd R between M's feet small step), sd and bk L fcg DRC;
 4 123 [BK HOVER TELEMAR] Commence to trn right bk L contra BJO, continue right trn sd and fwd between W's feet rising, hovering fwd L SCP DC;



- 5 - 8 **WING; OPEN TELEMARK; NATURAL HOVER FALLAWAY; SLIP PIVOT;**
 5 123 **[WING]** Thur R, draw L to R, tch L to R no wght trng upper body left (W thru L, fwd R, fwd L around M to SCAR) man fcg DC ready to step outside ptr contra SCAR;
 6 123 **[OPEN TELEMARK]** Fwd L contr SCAR comm left trn rising strongly (W bk R toe to heel rising in body only), sd R cont left trn (W heel trn), trn to SCP DW fwd L;
 7 123 **[NATURAL HOVER FALLAWAY]** Fwd R DW trng right in SCP, sd and fwd L DRW in SCP rising on on L, bk R end fallway position fc DRW;
 8 123 **[SLIP PIVOT]** XLIB, bk R trng left 1/8, sd and fwd L DW; (W XRIB, pivot left on R while slipping L fwd, sd and bk L) end contra BJO DW;
 9 - 12 **FWD FWD LOCK FWD; MANUVER; HESITATION CHANGE; ONE LEFT TURN;**
 9 12&3 **[FWD FWD LOCK FWD]** Fwd R contra BJO, fwd L/lk RIB (W L LIF contra BJO) fwd L DW;
 10 123 **[MANUVER]** Fwd R conta BJO, fwd L commence left trn, cont trn cl R fc RLOD;
 11 123 **[HESTITATION CHANGE]** Bk L commence to trn right, sd R, draw L to R fc DC;
 12 123 **[ONE LEFT TRN]** Same as measure one part A;
 13 - 16 **HOVER CORTE; BK SD CLOSE; RIGHT LUNGE; FWD PROMEDADE SWAY and SLIP;**
 13 123 **[HOVER CORTE]** Bk R commence left trn, cont left trnsd L twd LOD rising (W brush L to T), continue left trn recover sd and bk R end fcg DLW;
 14 123 **[BK SD CL]** Bk L contra BJO sd R towards RLOD and Wall, cl L ending CP DW;
 15 123 **[RIGHT LUNGE]** Lower on L opening W's head with left sway releasing and taking right leg sd and bk no weight pointing R leg DRW, roll weight over to the right leg you should be making a C with your body with a sway to the left (W right), raise your left hip while straightening the right leg [remember hips and shoulders always stay parallel to one another and the head stays on top of the spine closing the W's head];
 16 123 **[FWD PROMEDADE SWAY AND SLIP]** Fwd L SCP DC, hold, slip R in back of left (W swvl left on R and step fwd L CP) end CP DC;

REPEAT A

- 1 - 6 **2 LEFT TURNS;; HOVER; WEAVE ;; MANUVER;**
 7 - 11 **SPIN TURN; BOX FININSH; DRAG HESITATION; BK BK LK BK; OPEN IMPETUS;**
 12 - 16 **CHAIR RECOVER SLIP; OPEN TELEMARK; IN AND OUT RUNS;; SLOW SIDE LOCK;**

REPEAT 1 -15 B

- 1 - 4 **OPEN REVERSE; BK and CHASSE to SCP; OPEN NATURAL; BK HOVER TELEMARK SCP;**
 5 - 8 **WING; OPEN TELEMARK; NATURAL HOVER FALLAWAY; SLIP PIVOT;**
 9 - 12 **FWD FWD LOCK FWD; MANUVER; HESITATION CHANGE; 1 LEFT TURN;**
 13 - 15 **HOVER CORTE; BK SD CLOSE; RIGHT LUNGE;**

END

- 16 **FWD PROMEDADE SWAY OVER SWAY**
 Fwd L SCP DC, relax left knee leaving right extended taking a strong right sway trng head to look At ptr and hold;