

SONG FOR THE LIFE

Choreo: Tony Speranzo & Laura Mitchell 2690 Woodsage Dr., Florissant, MO 63033-1436 (314) 551-2033
Record: Arista 12792-7 "Song For The Life" Artist: Alan Jackson
Footwork: Opposite-direction for man except where noted Speed: 49
Rhythm: Waltz Phase: II
Sequence: INTRO - A - B - A - B - B - END

INTRO

- 1- 4 WAIT; WAIT: APT, PT; TOG TO CP/WALL, TCH;
1 - 4 wait OP M facing Ptr and wall two measures;; bk L, pt R twd ptr;; fwd R to CP/WALL, tch L to R,-;
- 5 - 9 WALTZ BOX;; REVERSE BOX TO BFLY/WALL;;
5 - 8 fwd L, sd R, cls L; bk R, sd L, cls R; bk L, sd R, cls L; fwd R, sd L, cls R; sd L, draw R to L, cls R blending to BFLY/Wall;

PART A

- 1 - 4 WALTZ AWAY; TURN IN TO LOP/RLOD; BACKUP WALTZ; BACK, FACE, CLOSE;
1 - 4 waltz to LOD L, R, L trng slightly away from ptr, waltz to LOD R trig to fc ptr, L continue trng to face RLOD, bk R toward LOD ending in Lop position facing RLOD; bkup waltz bk L, cls R, bk L; bk R trng to fc ptr, sd L, cls R ending in CP/WALL;
- 5 - 8 DIP BACK; MANUEVER, SIDE, CLOSE; TWO RIGHT TURNING WALTZES TO BFLY/WALL;;
5 - 8 bk L twd COH, tch R to L, -; fwd R stepping IF of W to CP/RLOD, sd L, cl R (W fwd L, sd R, cls L); bk L start RF turn, sd R cont trn, cl L to R; fwd R con't trn, sd L con't trn, cl R to L blending to BFLY/WALL;
- 9-12 WALTZ AWAY; TURN IN TO LOP/RLOD; BACKUP WALTZ; BACK, FACE, CLOSE;
9-12 waltz to LOD L, R, L trng slightly away from ptr, waltz to LOD R trng to fc ptr, L continue trng to face RLOD, bk R toward LOD ending in Lop position facing RLOD; bkup waltz bk L, cls R, bk L; bk R trng to fc ptr, sd L, cls R ending in CP/WALL;
- 13-16 DIP BACK; MANUEVER, SIDE, CLOSE; TWO RIGHT TURNING WALTZES TO BFLY/WALL;;
13-16 bkL fwd COH, tch R to L, -; fwd R stepping IF of W to CP/RLOD, sd L, cl R (W fwd L, sd R, cls L); bk L start RF turn, sd R con't trn, cl L to R; fwd R con't trn, sd L con't tm, cl R to L blending to BFLY/WALL;

PART B

- 1- 4 WALTZ AWAY & TOGETHER;; STEP, SWING; SPIN, MANEUVER;
1-4 waltz to LOD L, R, L trng slightly away from ptr, waltz to LOD R, L, R trng to fc ptr (BFLY/WALL); Step to open on L cross swing R, -; (Spin Manuver) fwd R trng RF to fac RLOD, sd L, cl R to L (W spin RF L, R, L);
- 5 - 8 TWO RIGHT TURNING WALTZES;; TWIRL VINE THREE; THRU, FACE, CLOSE TO CP/WALL;
5 - 8 bk L start RF trun sd R con't trn, cl L to R; fwd R con't trn, sd L can't trn, cl R to L blending to BFLY/WALL;
- 9-12 LEFT FACE TURNING BOX;;;
9-12 fwd L trn LF to LOD, sd R, cl L; bk R trn LF to COH, sd L, cl R; fwd L trn LF to RLOD, sd R, cl L; bk R trn LF to WALL, sd L, cl R ending BFLY/WALL;
- 13-16 TWIRL VINE THREE; PICKUP, SIDE, CLOSE; TWO LEFT TURNING WALTZES;;
13-16 sd L, XRIB of L, sd L (W twirl RF R, L, R); fwd R twd LOD picking W up to CP-LOD, sd L, cl R to L; fwd L trng LF, sd R, cl L; bk R trng LF, sd L, cl R blending to BFLY/WALL;
- 17 - 20 BALANCE LEFT & RIGHT;; TWIRL VINE THREE; THRU, FACE, CLOSE TO BFLY/WALL;
17 -19 sd L, XRIB of L rising, rec L; sd R, XLIB of R rising, rec R; sd L, XRIB of L, sd L (W twirl RF R,L,R); XRIF of L, sd L to CP WALL, cl R;

ENDING

1- 4 LEFT FACE TURNING BOX;;;:

1 - 4 fwd L trn LF to LOD, sd R, cl L; bk R trn LF to COH, sd L, cl R; fwd L trn LF to RLOD, sd R, cl L; bk R trn LF to WALL, sd L, cl R ending BFLY/WALL;

5 - 8 TWIRL VINE THREE; PICKUP, SIDE, CLOSE; TWO LEFT TURNING WALTZES;;

5 - 8 sd L, XRIB of L, sd L (W twirl RF R, L, R); fwd R twd LOD picking W up to CP-LOD, sd L cl R to L; fwd L trng LF, sd R, cl L; bk R trng LF to end fcg LOD, sd L, cl R BFLY/WALL;

9 -10 TWIRL VINE THREE; THRU, APART, POINT;

9 -10 sd L, XRIB of L, sd L (W twirl RF R,L,R); XRIF of L, step apart on L, point R fwd ptr & wall;

(When increasing speed remember to increase bass and decrease treble, the opposite is true when decreasing speed)