

TAKE ME TO YOUR HEART AGAIN

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Choreographer: Joe and Pat Hilton, 519 Great Hill Dr, Ballwin, MO, USA, 63021-6262
Tele: (636) 394-7380 Web Site: Hilton.StLouisRounds.com Email: JoeHilton@swbell.net
Music: Take Me To Your Heart Again by Vince Hill CD Album: Behind The Legend Of The British Male Vocalists, Track 58 - available as a single download from amazon.com
Time/Speed: Time @ MPM: 2:37 @ 29 [116 BPM] – as downloaded 2:37 @ 100%
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Foxtrot Phase IV+2 [Double Reverse, Natural Weave]
Degree of Difficulty: AVG
Sequence: INTRO A B C B C Mod

MEAS: INTRODUCTION

1-4 SHADOW POSITION BOTH FCG DLW BOTH WITH LEFT FOOT FREE WAIT ; WAIT ; MAN CROSS CHECK & TOUCH THE LADY ; MAN RECOVER LADY TURN LEFT TO CP LOD ;

- 1-2 {WAIT} {WAIT} SHDW both fcg DLW left foot free for both wait 2 meas ; ;
3 {M X CK & TCH THE LADY} XLif of R & tch Lady's back, -, -, - (W Look LF twd M, -, -, -) ;
4 {M REC LADY TRN L TO CP} Rec R, -, -, blend to CP LOD (W Sd L commence LF trn, -, fwd & sd R cont trn to fc ptr, cl L blending to CP RLOD) CP LOD ;

PART A

1-4 REVERSE WAVE ; ; BACK FEATHER ; BACK & CHASSE TO BJO ;

- 1 {REV WAV} Fwd L starting LF bdy trn 1/4, -, sd R LOD, back L (W Bk R starting LF bdy trn 1/4, -, cl L to R [heel trn], fwd R) CP M fcg COH ;
2 Bk R to WALL commence curving left face, -, bk L curving LF, bk R to end fcg RLOD (W fwd L commence curving LF, -, fwd R curving LF, fwd L to end fcg LOD) CP RLOD ;
3 {BK FTNR} Bk L, -, bk R w/ R shldr leading, bk L to BJO (W Fwd R, -, fwd L w/ L shldr leading, fwd R to BJO) BJO RLOD ;
4 {BK & CHASSE TO BJO} Bk R trng LF, -, sd L/cl R, sd L BJO (W Fwd L trng LF, -, sd R/cl L, sd R BJO) BJO DLW ;

5-8 NATURAL WEAVE ; ; HOVER ; FEATHER ;

- 5 {NAT WEV} Fwd R commence RF trn, -, sd L w/ L sd stretch [under 1/4 RF trn between stps 1 & 2], w/ R sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn between stps 2 & 3] (W Bk L commence RF trn, -, cl R to L heel trn w/ R sd stretch trng 1/4 RF between stps 1 & 2, w/ L sd lead fwd L preparing to stp outsd ptr) CBMP RLOD ;
6 w/ R sd stretch bk L in CBMP, bk R commence LF trn passing through CP, w/ L sd stretch sd & fwd L preparing to stp outsd ptr trng 1/4 LF between stps 5 & 6 bdy trns less, w/ L sd stretch fwd R in CBMP outsd ptr DLW (W w/ L sd stretch fwd R in CBMP outsd ptr, fwd L commence LF trn passing through CP, w/ R sd stretch sd R trn LF 1/8 between stps 5 & 6, w/ R side stretch bk L trng LF 1/8 between stps 6 & 7 bdy trns less DRC) CBMP BJO DLW ;
7 {HVR} Fwd L blend to CP, -, fwd & slightly sd R rising to ball of foot, sd & slightly fwd L to tight SCP (W Bk R blend to CP, -, bk & slightly sd L rising to ball of foot, sd & slightly fwd R to tight SCP) SCP DLC ;
8 {FTNR} Fwd R, -, fwd L, fwd R outsd ptr in CBMP (W Thru L trng LF toward ptr, -, sd & bk R, bk L in CBMP BJO DRC) CBMP BJO DLC ;

9-12 REVERSE WAVE ; ; BACK FEATHER ; BACK & CHASSE TO BJO ;

- 9-12 Same as Part A meas 1-4 ; ; ;

13-16 NATURAL WEAVE ; ; HOVER ; FEATHER ;

- 13-16 Same as Part A meas 5-8 ; ; ;

PART B

- 1-4** **REVERSE TURN ; ; HOVER TELEMARK ; CROSS PIVOT TO SCAR ;**
 1 **{REV TRN}** Fwd L commence LF bdy trn, -, sd R cont trn, bk L LOD to CP RLOD (W Bk R commence LF trn, -, cl L to R [heel trn] cont trn, fwd R to CP LOD) CP RLOD ;
 2 Bk R cont LF trn, -, sd & slightly fwd L DLW, fwd R to CBMP (W Fwd L cont LF trn, -, sd R to DLW, bk L to CBMP BJO DRC) CBMP BJO DLW ;
 3 **{HVR TELE}** Fwd L, -, DIAG sd & fwd R rising slightly [hovering] w/ bdy trng 1/8 RF, fwd L small stp on toes to SCP (W Bk R, -, DIAG sd & bk L w/ hovering action & bdy trng 1/4 RF, fwd R small stp on toes to SCP) SCP DLW ;
 4 **{X PVT TO SCAR}** Fwd R in front of W beginning a RF trn, -, sd L cont RF trn, fwd R to SCAR (W Fwd L small stp beginning RF trn, -, fwd R between M's feet heel to toe pivoting 1/2 RF, sd & bk L to SCAR) SCAR LOD ;
- 5-8** **CROSS HOVER TO SCP ; THRU SCP CHASSE ; WHIPLASH ; BACK HOVER TO SCP ;**
 5 **{X HVR TO SCP}** Fwd L w/ slight crossing action commencing to rise, -, sd & slightly fwd R cont to rise w/ a slight RF bdy trn, fwd to SCP lowering at end of stp (W Bk R w/ slight crossing action commencing to rise in bdy, -, sd & slightly bk L cont to rise w/ a strong RF trn at end of second stp, fwd R lowering at end of stp) SCP LOD ;
 6 **{THRU SCP CHASSE}** Thru R, -, fwd & sd L/cl R, fwd & sd L (W Thru L, -, fwd & sd R/cl L, fwd & sd R) SCP LOD ;
 7 **{WHIPLASH}** Thru R, -, trng bdy RF pt L sd & slightly fwd hold endg in BJO, - (W Thru L, -, swvl on L to fc ptr & pt R to sd hold endg in BJO, -) BJO LOD ;
 8 **{BK HVR TO SCP}** Bk L, beginning RF trn, sd & bk R w/ a slight rise & 1/8 RF bdy trn, fwd L to SCP (W Fwd R, beginning RF trn, sd & fwd L w/ a slight rise continuing 1/2 RF bdy trn & brush R foot to supporting foot, fwd R to SCP) SCP LOD ;
- 9-12** **WING ; TELEMARK TO 1/2 OPEN ; OPEN IN AND OUT RUNS ; ;**
 9 **{WING}** Fwd R, -, draw L twd R, tch L to R trng upper part of bdy LF w/ L sd stretch (W Fwd L beginning to Xif of M commence slight LF trn, -, fwd R around M cont slight LF trn, fwd L around M complete LF trn to end in SCAR looking toward left) SCAR DLC ;
 10 **{TELE TO 1/2 OP}** Fwd L commencing LF trn, -, sd R cont LF trn, sd & slightly fwd L to 1/2 OP (W Bk R commencing LF trn bringing L beside R w/ no wgt, -, trn LF on R heel [heel trn] & chg wgt to L, sd & slightly fwd R to 1/2 OP DLW) 1/2 OP DLW ;
 11 **{OP I/O RUNS}** Fwd R commencing RF trn, -, sd & bk DLW on L to BJO, bk right to 1/2 LOP (W Fwd L, -, fwd R between M's feet, fwd L outsd M to 1/2 LOP) 1/2 LOP LOD ;
 12 Thru L trng RF, -, fwd R between W's feet cont RF trn, fwd L to 1/2 OP (W Fwd R commencing RF trn, -, fwd & sd L cont RF trn, fwd R to 1/2 OP) 1/2 OP LOD ;
- 13-16** **THRU SIDE BEHIND ; ROLL 3 ; THRU SCP CHASSE ; MANEUVER ;**
 13 **{THRU SD BHD}** Thru R, -, fwd & sd L trng to fc ptr, XRib of L to tch lead hnds [fingers pointed to RLOD] (W Thru L, -, fwd & sd R trng to fc ptr, XLib of R to tch lead hnds) FCG WALL ;
 14 **{ROLL 3}** Sd & fwd L commence LF trn, -, sd & bk R cont LF trn, bk & sd L comp LF trn to fc ptr blending to SCP (W Sd & fwd R commence RF trn, -, sd & bk L cont RF trn, bk & sd R comp RF trn to fc ptr blending to SCP) SCP LOD ;
 15 **{THRU SCP CHASSE}** Same as Part B meas 6 ;
 16 **{MANUV}** Commence RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R (W Small fwd L, -, sd R, cl L) CP RLOD ;

PART C

- 1-4** **IMPETUS TO SCP ; THRU SCP CHASSE ; PROMENADE WEAVE ; ;**
 1 **{IMP TO SCP}** Soft or flexed knees throughout commence RF upper body turn bk L, -, cl R to L [heel turn] cont RF turn, comp turn fwd L in tight SCP (W Soft or flexed knees throughout commence RF upper body turn fwd R between M's feet heel to toe pvtg 1/2 RF, -, sd & fwd L cont turn around M brush R to L, comp turn fwd R) SCP DLC ;
 2 **{THRU SCP CHASSE}** Same as Part B meas 6 except end starts & ends SCP DLC ;
 3 **{PROM WEV}** Fwd R, -, fwd L commence LF trn, sd & slightly bk R to BJO DLC (W Fwd L, -, sd & slightly bk R commence LF trn to BJO facing DRW, cont trng on R foot until fcg LOD then

- fwd L DLC) BJO DLC ;
 4 Bk L in CBMP DLC, bk R commence LF trn & lead W to CP, sd & slightly fwd L DLW, fwd R outsd ptr to CBMP DLW (W Fwd R to CBMP, fwd L DLC commence LF trn, cont LF trn sd & slightly bk R fcg COH, bk L to CBMP to end backing DLW) CBMP BJO DLW ;

5-8 HOVER TELEMARCK ; CHAIR & SLIP ; DOUBLE REVERSE [TO DLW] ; CHANGE OF DIRECTION ;

- 5 {HVR TELE} Same as Part B meas 3 ;
 6 {CHR & SLP} Ck thru R w/ lun action, -, rec L [no rise], w/ slight LF upper bdy trn slp R bhd L cont trn 1/8 to L to CP to end fcg DLC (W Ck thru L w/ lun action, -, rec R [no rise], swvl LF on R & stp fwd L outsd M's R foot to CP) CP DLC ;
 7 {DBL REV TO DLW} Fwd L commence LF trn, -, sd R [3/8 LF trn between stps 1 & 2], spn 1/4 LF between stps 2 & 3 on ball of R bringing L foot under body beside R w/ no wgt flexed knees (W Bk R commence LF turn, -, L foot closes to R heel turn trng 1/2 LF between stps 1 & 2/sd & slightly bk R cont LF turn, XLif of R) CP DLW ;
 8 {CHG OF DIR} Fwd L, -, fwd R DLW R shldr leading trng LF starting to draw L to R, fin drawing L to R (W Bk R, -, bk L DLW L shldr leading trng LF starting to draw R to L, fin drawing R to L) CP DLC ;

REPEAT PART B

PART C Modified

1-4 IMPETUS TO SCP ; THRU SCP CHASSE ; PROMENADE WEAVE ; ;

- 1-4 Same as Part C meas 1-4 ; ; ; ;

5-8 HOVER TELEMARCK ; SLO CHAIR & SLIP ; DOUBLE REVERSE [DLW] ; HOVER ;

- 5-8 Same as Part C meas 5-8 except Chr & Slp is very slow [music slows down] [Start Chair on the word "heart" Slip on the word "A---" Start Dbl Rev on the word "gain" ; ; ; ;

9-10 THRU TO PROMENADE SWAY ; RECOVER TO EMBRACE ;

- 9 {THRU TO PROM SWAY} Thru R, -, sd & fwd L trng to SCP & stretching bdy upward to look over joined lead hands, - (W Thru L, -, sd & fwd R trng to SCP & stretching bdy upward to look over joined lead hands, -) SCP DLC ;
 10 {REC TO EMBRACE} Relax L knee, -, rec R trng slightly RF to fc Lady, place hands loosely around Lady's lower back in embrace (W Relax right knee, -, rec L trng slightly LF to fc M, wrp hands around M's neck placing R sd of face to M's chest in embrace, -) EMBRACE DLW ;

QUICK CUES

Intro Wait; Wait; M X ck & tch the Lady; M rec Lady trn LF to CP LOD;

A Rev wav; ; Bk fthr; Bk & chasse to BJO;
 Nat wev; ; Hvr; Fthr;
 Rev wav; Bk fthr; Bk & chasse to BJO;
 Nat wev; ; Hvr; Fthr;

B Rev trn; ; Hvr tele; X Pvt to SCAR;
 X Hvr SCP; Thru SCP chasse; Whiplash; Bk hvr SCP;
 Wing; Tele to 1/2 OP; OP I/O runs; ;
 Thru sd bhd; Roll 3; Thru SCP chasse; Manuv;

C Imp to SCP; Thru SCP chasse; Prom wev; ;
 Hvr tele; Chr & slp; Dbl rev [DLW]; Chg of dir [DLC];

B Rev trn; ; Hvr tele; X Pvt to SCAR;
 X Hvr SCP; Thru SCP chasse; Whiplash; Bk hvr SCP;
 Wing; Tele to 1/2 OP; OP I/O runs; ;
 Thru sd bhd; Roll 3; Thru SCP chasse; Manuv;

C_{Mod} Imp to SCP; Thru SCP chasse; Prom wev; ;
 Hvr tele; Slo Chr & slp [music slows]; Dbl rev [DLW]; Hvr;
 Thru to PROM sway; Rec to embrace;