

# THANKS FOR THE MEMORY

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Music: Thanks For The Memory Artist: Rod Stewart  
CD Album: The Great American Song Book, Vol. IV, Track 13  
Available as a single download from amazon.com  
Time/Speed: Time @ RPM: 2:48@50.5 [28 MPM] – Downloaded speed 3:10@45 [24.5 MPM]  
Speed increased to 112% = 50.5 RPM in Dancemaster  
Footwork: Opposite unless indicated (Woman's footwork in parentheses)  
Rhythm/Phase: Foxtrot Phase 3+2 [Diamond Turn, Telemark to BJO]  
Degree of Difficulty: AVG  
Sequence: INTRO, A, B, C, B mod, END

## MEAS:

### INTRODUCTION

#### 1-4 CP MAN FCG DLW WAIT 2 MEAS ; ; FORWARD HOVER ; BOX FINISH DLC ;

- 1-2 {WAIT} {WAIT} CP M fcg DLW wait 2 meas ; ;
- 3 {FWD HVR} Fwd L, -, sd & fwd R w/ slight rise, rec on L (W Bk R, -, sd & bk L w/ slight rise, rec on R) ;
- 4 {BOX FIN} Bk R trng 1/4 LF, -, sd L, cl R to CP DLC (W Fwd L trng 1/4 LF, -, sd R, cl L to CP DRW) ;

### PART A

#### 1-4 2 LEFT TURNS DLW ; ; HOVER ; THRU CHASSE TO BJO ;

- 1 {2 L TRNS DLW} Fwd L commence LF upper bdy trn, -, cont 3/8 trn sd & bk R, cl L CP RLOD (W Bk R commence LF upper bdy trn, -, cont 3/8 trn sd & fwd L, comp trn cl R CP LOD) ;
- 2 Bk R commence LF upper bdy trn, -, cont trn sd & fwd L, comp 1/4 trn cl R CP DLW (W Fwd L commence LF upper bdy trn, -, cont trn sd & bk R, comp 1/4 trn cl L CP DRC) ;
- 3 {HVR} Fwd L, -, fwd & slightly sd R rising to ball of foot, sd & slightly fwd L to tight SCP DLC (W Bk R, -, bk & slightly sd L rising to ball of foot, sd & slightly fwd R to tight SCP DLC) ;
- 4 {THRU CHASSE TO BJO} Thru R, -, sd L/cl R, sd L trng W to BJO (W Thru L -, sd R/cl L, sd R commence trn to fc ptr in BJO) ;

#### 5-8 MANEUVER ; BACK BACK/LOCK BACK ; IMPETUS TO SCP ; THRU FACE CLOSE ;

- 5 {MANUV} Commence RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R CP RLOD (W Bk L trng RF, -, sd R, cl L CP LOD) ;
- 6 {BK BK/LK BK} Blending to BJO bk L, -, bk R/lk Lif of R, bk R (W Blending to BJO fwd R, -, fwd L/lk Rib of L, fwd L) ;
- 7 {IMP TO SCP} Soft or flexed knees throughout commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont RF trn, comp trn fwd L in tight SCP (W Soft or flexed knees throughout commence RF upper bdy trn fwd R outside M's feet heel to toe pvtg 1/2 RF, -, sd & fwd L cont trn around M brush R to L, comp trn fwd R) ;
- 8 {THRU FC CL} Thru R between ptrs, -, fwd L trng to fc ptr, cl R to CP WALL (W Thru L between ptrs, -, fwd R trng to fc ptr, cl L to CP COH) ;

#### 9-12 WHISK ; WING ; TURN LEFT & RIGHT CHASSE TO BJO ; BACK BACK/LOCK BACK ;

- 9 {WSK} Fwd L, -, fwd and sd R commencing rise to ball of foot, XLib of R cont to full rise on ball of foot endg in tight SCP (W bk R, -, bk and sd L commencing to rise to ball of foot, XRib of L cont to full rise on ball of foot) ;
- 10 {WING} Fwd R, -, draw L toward R, tch L to R trng upper part of body LF w/ L sd stretch to end in tight SCAR DLC (W Fwd L beginning to cross in front of M commence LF trn, -, fwd R arnd M cont to trn slightly LF, fwd L arnd M comp slight LF trn to tight SCAR DRW) ;
- 11 {TRN L & R CHASSE TO BJO} Fwd L with LF upper bdy trn, -, sd R cont trn LF/cl L, sd R comp trn to BJO DRC (W Bk R commence LF upper bdy trn, -, sd L cont trn LF/cl R, sd L comp trn to BJO DLW) ;
- 12 {BK BK/LK BK} Bk L, -, bk R/lk Lif of R, bk R (W Fwd R, -, fwd L/lk Rib of L, fwd L) ;

#### 13-16 IMPETUS TO SCP ; THRU SCP CHASSE TWICE ; ; THRU PICKING UP DLC ;

- 13 {IMP TO SCP} Same as Part A meas 7 ;
- 14 {THRU SCP CHASSE} Both remaining in SCP throughout figure Thru R, -, sd L/cl R, sd L to SCP (W

- Thru L, -, sd R/cl L, sd R to SCP) ;  
 15 **{THRU SCP CHASSE}** Thru R, -, sd L/cl R, sd L to SCP (W Thru L, -, sd R/cl L, sd R to SCP) ;  
 16 **{THRU PU DLC}** Thru R trng LF to DLC, -, fwd L, cl R to CP DLC (W Thru L trng LF to fc ptr, -, sd & bk R, cl L to CP DRW) ;

### PART B

#### 1-4 DIAMOND TURN ; ; ; ;

- 1 **{DIAM TRN}** Fwd L trng LF on the diag, -, cont LF trn sd R, bk L w/ ptr outsd M BJO DRC (W Bk R trng LF on the diag, -, cont LF trn sd L, fwd R outsd ptr BJO DLW) ;  
 2 Staying in CBMP & trng LF bk R, -, sd L, fwd R outsd ptr BJO DRW (W Fwd L trng LF, -, sd R, bk L BJO DLC) ;  
 3 Fwd L trng LF on the diag, -, sd R, bk L w/ ptr outsd M BJO DLW (W Bk R trng LF, -, sd L, fwd R outsd ptr BJO DRC) ;  
 4 Bk R cont LF trn, -, sd L, fwd R to BJO DLC (W Fwd L trng LF, -, sd R, bk L to BJO DRW) ;

#### 5-8 TELEMARK TO BJO ; MANEUVER ; SPIN TURN ; BOX FINISH LOD ;

- 5 **{TELE TO BJO}** Fwd L outside ptr starting LF trn, -, cont LF trn sd R around Lady close to Lady's feet, cont LF trn fwd & sd L to end in tight BJO DLW (W Bk R starting LF heel trn on R heel bring L beside R w/ no wgt, continue LF trn on R heel [heel trn] & chg wgt to L, cont LF trn bk & sd R BJO DRC) ;  
 6 **{MANUV}** Fwd R trng RF, -, cont RF trn to fc ptr sd L, cl R CP RLOD (W Bk L trng RF, -, sd R, cl L CP LOD) ;  
 7 **{SPN TRN}** Commence RF upper bdy trn bk L toe pvtg 1/2 RF to fc LOD, -, fwd R between W's feet heel to toe cont RF trn keeping L leg extended bk & sd, comp trn sd & bk L to CP DLW (W Commence RF upper bdy trn fwd R between M's feet heel to toe pvtg 1/2 RF, -, bk L toe cont trn brush R to L, comp trn fwd R to CP DRC) ;  
 8 **{BOX FIN LOD}** Bk R trn 1/8 LF, -, sd L, cl R to CP LOD (W Fwd L trn 1/8 LF, -, sd R, cl L to CP RLOD) ;

#### 9-12 FORWARD RUN 2 ; MANEUVER ; 2 RIGHT TURNS WALL ; ;

- 9 **{FWD RUN 2}** Fwd L, -, fwd R, fwd L (W Bk R, -, bk L, bk R) ;  
 10 **{MANUV}** Commence RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R CP RLOD (W Bk L trng RF 1/2, -, sd R, cl L CP LOD) ;  
 11 **{2 R TRNS WALL}** Bk L commence 1/4 RF turn, -, sd R toward LOD trn 1/8 RF, comp trn cl L to fc CP DLC (W Fwd R trng 1/4 RF trn, -, sd L DIAG acrs LOD trng 1/8 RF, comp trn cl R to fc CP DRW) ;  
 12 Fwd R commence 1/4 RF trn, -, sd L DIAG acrs LOD cont RF trn, comp trn cl R to fc CP WALL (W Bk L commence 1/4 RF trn, -, sd R toward LOD cont RF trn, comp trn cl L to fc CP COH) ;

#### 13-16 TWISTY VINE 8 ; ; WHISK ; THRU PICKING UP ;

- 13 **{TWSTY VIN 4}** Commence slight RF upper bdy trn sd & bk L, XRib of L, commence slight LF upper bdy trn sd & fwd L, XRif of L (W Commence slight RF upper bdy trn sd & fwd R, XLif of R, commence slight LF upper bdy trn sd & bk R, XLib of R) ;  
 14 **{TWSTY VIN 4}** Same as Part B meas 13 ;  
 15 **{WSK}** Same as Part A meas 9 ;  
 16 **{THRU PU}** Thru R trng LF to DLC, -, fwd L, cl R to CP DLC (W Thru L trng LF to fc ptr, -, sd & bk R, cl L to CP DRW) ;

### PART C

#### 1-4 2 LEFT TURNS DLW ; ; HOVER ; THRU PICKUP SCAR ;

- 1-2 **{2 L TRNS DLW}** Same as Part A meas 1-2 ; ;  
 3 **{HVR}** Same as Part A meas 3 ;  
 4 **{THRU PU SCAR}** Thru R trng RF to fc DLW, -, sd L, cl R to SCAR DLW (W Thru L trng RF to fc ptr, -, sd R, cl L to SCAR DRC) ;

#### 5-8 CROSS HOVER 3X ; ; ; FORWARD FACE CLOSE TO WALL ;

- 5 **{X HVR}** Fwd L w/ slight crossing action commencing rise & beginning 1/4 LF trn, -, sd & slightly fwd R cont rise & comp 1/4 LF trn, diag fwd L to BJO DLC lowering (W Bk R w/ slight crossing action commencing rise in body & beginning 1/4 LF trn, -, sd & slightly bk L cont rise & comp the 1/4 LF trn, diag bk R to BJO DRW lowering) ;  
 6 **{X HVR}** Fwd R w/ slight crossing action commencing rise & beginning 1/4 RF trn, -, sd & slightly fwd L

cont rise & comp 1/4 RF trn, diag fwd R to SCAR DLW lowering (W Bk L w/ slight crossing action commencing rise in body & beginning 1/4 RF trn, -, sd & slightly bk R cont rise & comp the 1/4 RF trn, diag bk L to SCAR DRC lowering) ;

7 **{X HVR}** Fwd L w/ slight crossing action commencing rise & beginning 1/4 LF trn, -, sd & slightly fwd R cont rise & comp 1/4 LF trn, diag fwd L to BJO DLC lowering (W Bk R w/ slight crossing action commencing rise in body & beginning 1/4 LF trn, -, sd & slightly bk L cont rise & comp the 1/4 LF trn, diag bk R to BJO DRW lowering) ;

8 **{FWD FC CL WALL}** Fwd R, -, fwd L trng to fc ptr & WALL, cl R CP WALL (W Bk L, bk R trng to fc ptr & COH, cl L CP COH) ;

**9-12 BOX ; ; VINE 3 ; THRU FACE CLOSE ;**

9 **{BOX}** Fwd L, -, sd R, cl L CP WALL (W Bk R, -, sd L, cl R CP COH) ;

10 Bk R, -, sd L, cl R CP WALL (W Fwd L, -, sd R, cl L CP COH) ;

11 **{VIN 3}** Sd L, -, XRib, sd L (W Sd R, -, XLib, sd R) ;

12 **{THRU FC CL}** Thru R between ptrs, -, fwd L trng to fc ptr, cl R to CP WALL (W Thru L between ptrs, -, fwd R trng to fc ptr, cl L to CP COH) ;

**13-16 WHISK ; THRU HOVER TO BJO ; BACK HOVER TO SCP ; THRU PICKUP DLC ;**

13 **{WSK}** Same as Part A meas 9 ;

14 **{THRU HVR TO BJO}** Thru R, -, fwd L w/ a slight rise, rec R to BJO (W Thru L, trng LF 1/4, sd R w/ a slight rise continuing LF trn 1/8, fwd L to BJO) ;

15 **{BK HVR TO SCP}** Bk L, -, sd and bk R w/ a slight rise, w/ slight RF upper bdy trn rec L to SCP (W Fwd R, trng RF 1/4, sd & fwd L w/ a slight rise brushing R foot to L foot continuing RF trn 1/8, fwd R to SCP) ;

16 **{THRU PU DLC}** Thru R between ptrs, trng LF to CP DLC, sd L, cl R (W Thru L between ptrs stpg in front of M, trng LF to CP DRW, sd R, cl L) ;

**PART B MOD**

**1-4 DIAMOND TURN ; ; ; ;**

1-4 Same as Part B meas 1-4 ; ; ; ;

**5-8 TELEMARK TO BJO ; MANEUVER ; SPIN TURN ; BOX FINISH LOD ;**

5-8 Same as Part B meas 5-8 ; ; ; ;

**9-12 FORWARD RUN 2 ; MANEUVER ; 2 RIGHT TURNS TO WALL ; ;**

9-12 Same as Part B meas 9-12 ; ; ; ;

**13-16 TWISTY VINE 8 ; ; WHISK ; THRU FACE CLOSE ;**

13-15 Same as Part B meas 13-15 ; ; ; ;

16 **{THRU FC CL}** Thru R between ptrs, -, fwd L trng to fc ptr, cl R ending CP WALL (W Thru L between ptrs, -, fwd R trng to fc ptr, cl L ending CP COH) ;

**END**

**1-4 DIP COH ; MANEUVER ; IMPETUS TO SCP ; THRU SCP CHASSE ;**

1 **{DIP COH}** Stp bk L twd COH taking full wgt, w/ the knee slightly bent, -, -, - [the R leg remains extended w/ knee & ankle forming a straight line from the hip w/ the toe remaining on the floor] (W Stp fwd R twd COH taking full wgt, w/ the knee slightly bent [the L leg remains extended w/ knee & ankle forming a straight line from the hip w/ the toe remaining on the floor], -, -, -) ;

2 **{MANUV}** Commence RF trn fwd R, -, cont RF trn to fc ptr sd L, comp trn cl R CP RLOD (W Bk L trng RF 1/2, -, sd R, cl L CP LOD) ;

3 **{IMP TO SCP}** Soft or flexed knees throughout commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont RF trn, comp trn fwd L in tight SCP (W Soft or flexed knees throughout commence RF upper bdy trn fwd R between M's feet heel to toe pvtg 1/2 RF, -, sd & fwd L cont trn around M brush R to L, comp trn fwd R) ; **NOTE: Music slows down**

4 **{THRU SCP CHASSE}** Same as Part A meas 14 ;

**5 THRU APART POINT ;**

5 **{THRU APT PT}** Thru R, trng 1/8 RF to fc ptr, bk L, pt R toward ptr (W Thru L, trng 1/8 LF to fc ptr, bk R, pt L toward ptr) ;