

BETWEEN A WOMAN AND A MAN

Released: June 2016
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(There's Nothing Like The Love) Between A Woman And A Man Artist: Reba McEntire
CD Album: Oklahoma Girl, Track 3 Available as a single download from amazon.com
Time/Speed: Time @ BPM: 2:58 @ 106 [26.5 MPM] as downloaded Suggested Speed 47 RPM [111 BPM]
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Cha Cha Phase 3+2 [Triple Cha Forward & Back, Umbrella Turn]
Degree of Difficulty: AVG
Sequence: INTRO A B INTERLUDE A C D B END

MEAS:

INTRODUCTION

1-4 BFLY MAN FACING WALL WAIT 2 MEAS ; ; VINE 4 ; SIDE CLOSE 2X ;

- 1-2 Wait ; Wait ;
3 {VIN 4} Sd L, XRib, sd L, XRif (W Sd R, XLib, sd R, XLif) ;
4 {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) ;

PART A

1-4 1/2 BASIC : START A CRAB WALK : TWIRL 2 & CHA : FENCE LINE :

- 1 {1/2 BAS} Fwd L, rec R, sd L/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R) ;
2 {START CRB WLK} XRif of L, sd L, XRif of L/sd L, XRif of L (W XLif of R, sd R, XLif of R/sd R, XLif of R) ;
3 {TWRL 2 & CHA} Raise L hnd sd L, XRib of L, trng to fc ptr BFLY WALL sd L/cl R, sd L (W Fwd R trng 1/4 RF undr jnd hnds, fwd L trng 3/4 RF to fc ptr BFLY COH, sd R/cl L, sd R) ;
4 {FNC LINE} X lun thru R to LOD with bent knee looking LOD, rec L trng to fc ptr, sd R/cl L, sd R (W X lun thru L to LOD with bent knee looking LOD, rec R trng to fc ptr, sd L/cl R, sd L) ;

5-9 CHASE WITH FULL TURNS BFLY ; ; TRAVELING DOOR ; CRAB WALK ENDING ;

FENCE LINE IN 4 :

- 5 {CHS W/ FULL TRNS BFLY} Fwd L trng 1/2, fwd R trng 1/2, fwd L/lk R in bk, fwd L to fc WALL (W Bk R, rec L, fwd R/lk L in bk, fwd R) ; [Only M trns during 1st meas – Only Lady trns during 2nd meas]
6 Bk R, rec L, fwd R/lk L in bk, fwd R (W Fwd L trng 1/2, fwd R trng 1/2, fwd L/lk R in bk, fwd L to fc COH) ;
7 {TRAV DR} Rk sd L, rec R, XLif/sd R, XLif (W Rk sd R, rec L, XRif/sd L, XRif) ;
8 {CRB WLK ENDG} Moving to RLOD Sd R, XLif of R, sd R/cl L, sd R (W Sd L, XRif of L, sd R/cl L, sd R) ;
9 {FNC LINE IN 4} X lun thru L w/ bent knee looking RLOD, rec R trng to fc ptr, sd L, cl R (W X lun thru R w/ bent knee looking RLOD, rec L trng to fc ptr, sd R, cl L) ;

PART B

1-4 OPEN BREAK : WHIP WITH REVERSE TWIRL COH : NEW YORKER : UNDERARM TURN BFLY :

- 1 {OP BRK} Rk apt strongly L to LOP FCG while extending R arm up w/ palm out, rec R lowering R arm, sd L/cl R, sd L (W Rk apt strongly R to LOP FCG while extending L arm up w/ palm out, rec L lowering L arm, sd R/cl L, sd R) ;
2 {WHP W/ REV TWRL TO COH} Bk R commence 1/4 LF trn, cont trn 1/4 rec fwd L to COH, raise lead hnds leading W to LF twrl sd R/cl L, sd R to LOP COH (W Fwd L outsd M on his L sd, fwd R trng LF 1/2 undr lead hnds to fc ptr & WALL, sd L/cl R, sd L to LOP WALL) ; **[NOTE: REV TWRL is optional, Lady may dance a normal whp instead]**
3 {NY} Trn RF & stp thru L w/ straight leg to sd by sd pos fcg LOD, rec R trng to fc ptr & COH, sd L/cl R, sd L BFLY COH (W Trn LF & stp thru R w/ straight leg to sd by sd pos fcg LOD, rec L trng to fc ptr & WALL, sd R/cl L, sd R BFLY WALL) ;
4 {UNDRM TRN BFLY} XRib of L raising lead hnds, rec L, sd R/cl L, sd R to BFLY COH (W XLif of R undr jnd lead hnds trng 1/2 RF, rec R cont RF trn to fc ptr, sd L/cl R, sd L to BFLY WALL) ;

5-9 FORWARD BASIC LADY WRAP ; BACK BASIC ; FORWARD & BACK BASIC LADY UNWRAP ; ; SHOULDER TO SHOULDER IN 4 :

- 5 {FWD BAS LADY WRAP} Fwd L keeping M's R & W's L hnds low while raising M's L & W's R hnds, rec R leading W to trn 1/2 LF to WRAP both fcg COH, lowering M's L & W's R hnds, bk L/cl R, bk L (W Bk R, rec L trng LF 1/2 to fc COH, bk R/cl L, bk R) ;
6 {BK BAS} Bk R, rec L, fwd R/cl L, fwd R (W Bk L, rec R, fwd L/cl R, fwd L) ;
7 {FWD BAS} Fwd L, rec R, bk L/cl R, bk L (W Fwd R, rec L, bk R/cl L, bk R) ;
8 {BK BAS LADY UNWRP BFLY} Bk R keeping M's R & W's L hnds low while raising M's L & W's R hnds,

- rec L lead W to trn 1/2 RF to fc M, lowering M's L & W's R hnds BFLY, fwd R/cl L, fwd R to BFLY COH (W Bk L, rec R trng RF 1/2 undr jnd hnds to fc M, bk L/cl R bk L to BFLY WALL) ;
 9 {SHLDR-SHLDR IN 4} Fwd L to BFLY SCAR, rec R to fc, sd L, cl R (W Bk R to BFLY SCAR, rec L to fc, sd R, cl L) ;

INTERLUDE

1-4

SAND STEP ; LOD START SIDE WALK ; NEW YORKER ; TRAIL FOOT SAND STEP:

- 1 {SAND STP} Swiveling slightly RF on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg], swvlg slightly LF on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly RF on R foot XLif/sd R, XLif (W Swvlg slightly LF on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly RF on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly LF on L foot XRif/sd L, XRif) ;
 2 {START SD WLK} Moving toward LOD Sd R, cl L, sd R/cl L, sd R (W Sd L, cl R, sd L/cl R, sd L) ;
 3 {NY} Swvl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swvl to fc ptr, sd L/cl R, sd L BFLY COH (W Swvl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swvl to fc ptr, sd R/cl L, sd R BFLY WALL) ;
 4 {TRAIL FT SAND STP} Swiveling slightly LF on L foot rotate R knee inward in order to tch R toe to instep of L foot [no wgt chg], swvlg slightly RF on L foot rotate R knee outward in order to tch R heel to the floor [no wgt chg], swvlg slightly LF on L foot XRif/sd L, XRif (W Swvlg slightly RF on R foot rotate L knee inward in order to tch L toe to instep of R foot [no wgt chg], swvlg slightly LF on R foot rotate L knee outward in order to tch L heel to the floor [no wgt chg], swvlg slightly RF on R foot XLif/sd R, XLif) ;

REPEAT A

1-4

1/2 BASIC ; START A CRAB WALK ; TWIRL 2 & CHA ; FENCE LINE :

5-9

CHASE WITH FULL TURNS BFLY ; ; TRAVELING DOOR ; CRAB WALK ENDING ; FENCE LINE IN 4 ;

PART C

1-4

CHASE WITH UNDERARM PASS TO WALL BFLY ; ; NEW YORKER ; SPOT TURN TO LEFT-HAND STAR MAN FACE RLOD :

- 1 {CHS W/ UNDRM PASS TO WALL BFLY} Fwd L commence 1/2 RF to fc WALL trn keeping lead hnds jnd, rec fwd R, fwd L/cl R, fwd L (W Bk R keeping lead hnds jnd, rec L, fwd R/cl L, fwd R toward M's L sd) ;
 2 Bk R raising jnd lead hnds, rec L leading W to trn LF, small sd R/cl L, small sd R BFLY WALL (W Fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr & COH, small sd L/cl R, small sd L BFLY COH) ;
 3 {NY} Swvl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swvl to fc ptr, sd L/cl R, sd L BFLY WALL (W Swvl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swvl to fc ptr, sd R/cl L, sd R BFLY COH) ;
 4 {SPT TRN TO L-HND STAR M FC RLOD} Swvl 1/4 LF on ball of L foot stp fwd R trng 1/2 LF, rec L trng 1/4 LF to fc ptr, sd R/cl L, sd R trng 1/4 LF to fc RLOD joining L hnds to star pos (W Swvl 1/4 RF on ball of R foot stp fwd L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L/cl R, sd L trng 1/4 RF to fc LOD joining L hnds to star pos) ;

5-9

UMBRELLA TURN ; ; BFLY ; SHOULDER TO SHOULDER IN 4 ;

- 5 {UMBR TRN} Fwd L, rec R, bk L/cl R, bk L join R hnds in front of M's chest (W Bk R, rec L, fwd R trng 1/2 LF undr jnd hnds/cl L, bk R & join R hnds in front of M's chest) ;
 6 Bk R, rec L, release R hnd hold fwd R/cl L, fwd R (W Bk L, rec R, release R hnd hold fwd L trng 1/2 RF undr jnd hnds to fc LOD/cl R, bk L) ;
 7 Fwd L, rec R, bk L/cl R, bk L join R hnds in front of M's chest (W Bk R rec L, fwd R trng 1/2 LF undr jnd hnds/cl L, bk R & join R hnds in front of M's chest) ;
 8 Bk R, rec L release R hnd hold trn 1/4 LF to fc ptr, sd R/cl L, sd R BFLY WALL (W Bk L, rec R releasing R hnd hold trng RF to fc ptr & COH, sd L/cl R, sd L BFLY COH) ; **[NOTE: Dancers may dance the Umbrella Turn using the other ROUNDALAB definition if they prefer]**
 9 {SHLDR-SHLDR IN 4} Fwd L to BFLY SCAR, rec R to fc, sd L, cl R (W Bk R to BFLY SCAR, rec L to fc, sd R, cl L) ;

PART D

1-4

BREAK BACK TO TRIPLE CHA FORWARD ; ; NEW YORKER TO TRIPLE CHA BACK TO OPEN LOD ; ;

- 1 {BRK BK TO TRPL CHA FWD} Swvl sharply 1/4 LF on R foot stp bk L to fc LOD, rec R, fwd L/lk Rib of L,

- 2 fwd L (W Swl sharply 1/4 RF on L foot stp bk R to fc LOD, rec L, fwd R/lk Lib of R, fwd R) ;
 3 Fwd R/lk Lib of R, fwd R, fwd L/lk Rib of L, fwd L (W Fwd L/lk Rib of L, fwd L, fwd R/lk Lib of R, fwd R) ;
{NY TO TRPL CHA BK} Thru R between ptrs, rec L, bk R/lk Lif of R, bk R (W Thru L between ptrs, rec R, bk L/lk Rif of L, bk L) ;
 4 Bk L/lk Rif of L, bk L, bk R/lk Lif of R, bk R (W Bk R/lk Lif of R, bk R, bk L/lk Rif of L, bk L) OP LOD;

5-9 SLIDING DOOR ; ROCK APART RECOVER FORWARD CHA ; NEW YORKER ; WHIP WALL BFLY ; NEW YORKER IN 4 :

- 5 **{SLDG DR}** Fcg LOD Rk apt L, rec R releasing hnds, XLif changing sides still fcg LOD as W crosses in front of M/sd R, XLif join trail hnds end in LOP LOD (W Fcg LOD Rk apt R, rec L releasing hnds, XRif changing sides still fcg LOD crossing in front of M/sd L, XRif join trail hnds end in LOP LOD) ;
 6 **{RK APT REC FWD CHA}** Sd R, rec L, fwd R/cl L, fwd R (W Sd L, rec R, fwd L/cl R, fwd L) ;
 7 **{NY TO BFLY}** Fwd L w/ straight leg to sd by sd pos fcg LOD, rec R trng to fc ptr & COH, sd L/cl R, sd L BFLY COH (W Fwd R w/ straight leg to sd by sd pos fcg LOD, rec L trng to fc ptr & WALL, sd R/cl L, sd R BFLY WALL) ;
 8 **{WHP TO WALL BFLY}** Bk R trn 1/4 LF, sd L trn 1/4 LF to fc ptr & WALL, sd R/cl L, sd R fc WALL BFLY (W Fwd L outsd M on his L sd, fwd R trn 1/2 LF to fc ptr & COH, sd L/cl R, sd L fc BFLY COH) ;
 9 **{NY IN 4}** Trn 1/4 RF & stp thru L with straight leg to sd by sd pos fcg RLOD, rec R trng to fc ptr & WALL, sd L, cl R ending BFLY WALL (W Trn 1/4 LF & stp thru R with straight leg to sd by sd pos fcg RLOD, rec L trng to fc ptr & COH, sd R, cl L ending BFLY COH) ;

REPEAT B

1-4 OPEN BREAK ; WHIP WITH REVERSE TWIRL COH ; NEW YORKER ; UNDERARM TURN BFLY;
5-9 FORWARD BASIC LADY WRAP ; BACK BASIC ; FORWARD & BACK BASIC LADY UNWRAP ; ;
SHOULDER TO SHOULDER IN 4 :

END

1-4 CHASE WITH UNDERARM PASS TO WALL BFLY ; ; NEW YORKER ; UNDERARM TURN TO ;
 1 **{CHS W/ UNDRM PASS TO WALL BFLY}** Fwd L turning 1/2 RF to fc WALL keeping lead hnds jnd, rec fwd R, fwd L/cl R, fwd L (W Bk R keeping lead hnds jnd, rec L, fwd R/cl L, fwd R toward M's L sd) ;
 2 Bk R raising jnd lead hnds, rec L leading W to trn LF, small sd R/cl L, small sd R BFLY WALL (W Fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr & COH, small sd L/cl R, small sd L BFLY COH) ;
 3 **{NY}** Swl on R foot bring L foot thru w/ straight leg to sd by sd pos, rec R swl to fc ptr, sd L/cl R, sd L BFLY WALL (W Swl on L foot bring R foot thru w/ straight leg to sd by sd pos, rec L swl to fc ptr, sd R/cl L, sd R BFLY COH) ;
 4 **{UNDRM TRN TO}** XRib of L raising lead hnds, rec L, sd R/cl L, cl R leading W to M's R sd (W XLif of R undr jnd lead hnds trng 1/2 RF, rec R cont RF trn to fc ptr, sd L/cl R, sd L to M's R sd) ;

5-8 CARESS LARIAT BFLY ; ; FORWARD BASIC LADY WRAP ; STEP BACK & HOLD ;

- 5 **{CARESS LRT TO BFLY}** Rk sd L placing W's R hnd on M's R shldr, rec R, in place L/R, L (W Circ M clockwise with R hnd caressing M's shldr fwd R, fwd L, fwd R/cl L, fwd R) ;
 6 Rk sd R, rec L, in place R/L, R to BFLY WALL (W Fwd L, fwd R, fwd L/cl R trng to fc ptr, sd L to BFLY) ;
 7 **{FWD BAS LADY WRP}** Fwd L keeping M's R & W's L hnds low while raising M's L & W's R hnds, rec R leading W to trn 1/2 LF to WRAP both fcg WALL, lowering M's L & W's R hnds, bk L/cl R, bk L (W Bk R, rec L trng 1/2 LF to WRAP both fcg WALL, bk R/cl L, bk R) ;
 8 **{STP BK & HOLD}** Bk R looking at ptr, - , - , - (W Bk L looking at ptr, - , - , -) ;