

# Family Cha

Choreographer: Bob and Debbie Pyles 613 Buckingham Dr. Troy, IL 62294-2035 618 667-4242  
Record: "**We Are Family**" Sister Sledge on Cotillion 44251 or Atlantic OS -13217  
Footwork: W Opposite unless noted Time: **3:35**  
Rhythm: CHA Phase: **III** 43-44 rpm, adjust for comfort  
Sequence: **Intro - AB - AB - A - END** Date: January, 2005

## Intro

- 1 - 8** **(BFLY Wall) Wait;; Rev Underarm Turn; NY 2X;; Underarm Turn; Cucaracha 2X;;**  
(1 - 2) BFLY Wall both with lead foot free, Wait two measures;;  
(3) XLIFR twd RLOD raising lead hand, Rec R to BFLY Wall, Sd L/CI R, Sd L (W XRIFL trng LF under joined lead hands, Fwd L completing turn to BFLY Wall, Sd R/CI L, Sd R);  
(4 - 5) XRIFL twd LOD, Rec L, Sd R/CI L, Sd R; XLIFR twd RLOD, Rec R, Sd L/CI R, Sd L to BFLY Wall;  
(6) Sd & Bk R raising lead hands, Rec L, Sd R/CI L, Sd R (XLIFR trng RF under joined lead hands, fwd R completing RF turn to BFLY Wall, Sd L/CI R, Sd L) to BFLY Wall;  
(7 - 8) Sd L, Rec R, sip L/R, L; Sd R, Rec L, sip R/L, R;
- 9 - 16** **Brk Bk to OP; Swvl 2.Cha; Sliding Door 2X;; Cir Aw & Tog;; Time Steps 2X;;**  
(9 - 10) Bk L trng to OP LOD, Rec fwd R, Fwd L/CI R, Fwd L; Fwd R on ball of foot w/ swivel action, Fwd L on ball of foot w/ swivel action, Fwd R/CI L, Fwd R;  
(11) Rk Sd L, Rec Sd R, XLIFR/Sd R, XLIFR crossing in back of ptrn during cha to LOP LOD;  
(12) Rk Sd R, Rec Sd L, XRIFL/Sd L, XRIFL crossing in back of ptrn during cha to OP LOD;  
(13) Fwd L, Fwd R, Fwd L/CI R, Fwd L circling away from ptrn (M LF twd COH, W RF twd Wall);  
(14) Fwd L, Fwd R, Fwd L/CI R, Fwd L completing circle movement (M LF, W RF movement) to face ptrn;  
(15 - 16) XLIBR, Rec R, sip L/R, L; XRIBL, Rec L, sip R/L, R to BFLY Wall;

## Part A

- 1 - 8** **(BFLY Wall) CHASE;;; NY in 4; NY; WHIP; OP Break;**  
(1) Fwd L pivoting RF to fc COH, Fwd R, Fwd L/CI R, Fwd L  
(W Bk R, Rec L, Fwd R/CI L, Fwd R);  
(2) Fwd R pivoting LF to fc Wall, Fwd L, Fwd R/CI L, Fwd R  
(W Fwd L pivoting RF to fc Wall, Fwd R, Fwd L/CI R, Fwd L);  
(3) Fwd L, Rec R, Bk L/CI R, Bk L (W Fwd R pivoting LF to fc COH, Fwd L, Fwd R/CI L, Fwd R);  
(4) Bk R, Rec L, Fwd R, CI L, Fwd R;  
(5) XLIFR (W XRIFL) to LOP RLOD, Rec R to BFLY Wall, Sd L, CI R; **Note timing: QQQQ**  
(6) XLIFR (W XRIFL) to LOP RLOD, Rec R to BFLY Wall, Sd L/CI R, Sd L;  
(7) XRIBL moving to opposite side of dance, Rec L, Sd R/CI L, Sd R;  
(8) Rk Bk L extend R arm up or side keeping grip with lead hand, Rec R, Sd L/CI R, Sd L;
- 9 - 16** **(BFLY COH) Spot Turn; Crab Walks;; New Yorker; WHIP; NY in 4; Cucaracha 2X;;**  
(9-16) XRIFL (W XLIFR) trng away from ptrn, Fwd L cont. turn to FC ptrn BFLY COH, Sd R/CI L, Sd R;  
(10-11) In BFLY pos twd LOD XLIRF, Sd R, XLIFR/Sd R, XLIFR; Sd R, XLIFR, Sd R/CI L, Sd R;  
(12) Opening out from ptrn XLIFR (W XRIFL) twd LOD, Rec R to BFLY COH, Sd L/CI R, Sd L;  
(13) XRIBL moving to opposite side of dance, Rec L, Sd R/CI L, Sd R to BFLY Wall;  
(14) XLIFR (W XRIFL) twd RLOD, Rec R to BFLY Wall, Sd L, CI R; **Note timing: QQQQ**  
(15-16) Sd L, Rec R, SIP L/R, L; Sd R, Rec L, SIP R/L, R;

## Part B

- 1 - 8** **HLF BASIC; U/ARM TURN; LARIAT;; New Yorker; CRAB WALK;; SPOT TURN;**  
(1) Fwd L, Rec R, Sd L/CI R, Sd L;  
(2) Sd & Bk R raising lead hand allowing W to turn under, Rec L, Sd R/CI L, Sd R (W Fwd L trng RF under raised lead hands, Fwd R continuing RF turn to fc ptrn, Sd L/CI R, Sd L) to M's R side;  
(3 - 4) Sd L, Rec R, sip L/R, L; Sd R, Rec L, sip R/L, R (W Fwd R, Fwd L, Fwd R/Fwd L, Fwd R; Fwd L, Fwd R, Fwd L/Fwd R, Fwd L maintaining joined lead hands above heads while circling M) to BFLY Wall;  
(5) Opening out twd RLOD XLIFR (W XRIFL), Rec R to BFLY Wall, Sd L/CI R, Sd L;  
(6 - 7) BFLY Wall twd LOD XRIFL, Sd L, XRIFL/Sd R, XRIFL; Sd L, XRIFL, Sd R/CI L, Sd R;  
(8) XRIFL trng LF (W XLIFR trng RF), Rec L to fc ptrn in BFLY, Sd R/CI L, Sd R;

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- 9 - 16 **TRAVELING DR 2X;; Fwd BASIC; BK BASIC; Sliding Door 2X;; CIR Away & Tog w/Cha;;**  
(9 - 10) BFLY Wall Rk Sd L, Rec R, XLIFR/Sd R, XLIFR; Rk Sd R, Rec L, XRIFL/Sd R, XRIFL to OP LOD;  
(11 - 12) Rk Fwd L, Rec R, Bk L/CI R, Bk L; Bk R, Rec L, Fwd R/CI L, Fwd R in OP LOD;  
(13) Rk Sd L, Rec R, moving to LOP LOD behind W XLIFR/Sd R, XLIFR;  
(14) Rk Sd R, Rec L, behind W XRIFL/Sd R, XRIFL to OP LOD;  
(15) Fwd L trng LF (W trng RF), Fwd R, Fwd L/CI R, Fwd L;  
(16) Trng bk to ptrn Fwd R, Fwd L, Fwd R/CI L, Fwd R;

END

- 1 - 9 **BASIC;; PK-A-BOO CHASE;;; CUCARACHA 2X;; OP BRK & HOLD;**  
(1-2) Repeat Intro, Measures 5-6  
(3) Fwd L pivoting RF on ball of foot to FC COH, Fwd R, Fwd L/CI R, Fwd L;  
(4) Sd R allowing Ptrn to whisper into L ear cupping L hand over ear to hear rumor, Rec L with hands at side, Sd R/CI L, Sd R;  
(5) Sd L allowing Ptrn to whisper into R ear cupping R hand over ear to hear rumor, Rec R with hands at side, Sd L/CI R, Sd L;  
(6) Fwd R pivoting LF to FC Wall, Fwd L, Fwd R/CI L, Fwd R to BFLY Wall;  
(7-8) Repeat Intro, Measures 3-4  
(9) Rk Bk L extend R arm up or side keeping grip with lead hand and hold;

## Family Cha – Head Cues

SEQUENCE Intro AB - AB - A - END

- Intro *BFLY Wall* Wait;; Rev Underarm Turn; NY 2X;; Underarm Turn; Cucaracha 2X;; Brk Bk to OP; OP LOD Swvl 2,Cha; Sliding Door 2X;; Cir Aw & Tog;; *Fc Ptrn/no hands* Time Steps 2X;;
- A (BFLY Wall) CHASE;;; NY in 4; NY; WHIP; OP Break;  
(BFLY COH) Spot Turn; Crab Walks;; New Yorker; WHIP; NY in 4; Cucaracha 2X;;
- B (BFLY Wall) HLF BASIC; U/ARM TURN; LARIAT;; New Yorker; CRAB WALK;; SPOT TURN;  
TRVLNG DR 2X;; OP LOD Fwd BASIC; BK BASIC; Sliding Door 2X;; CIR Away & Tog w/Cha;;
- END *BFLY Wall* BASIC;; PK-A-BOO CHASE;;; *BFLY Wall* CUCARACHA 2X;; OP BRK & HOLD;